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County offering free estate planning services to residents

~ PAGE 3



Los Angeles
WAVE

Vol 107 • No. 19 THE LARGEST BLACK NEWSPAPER IN THE WEST



Andra Day returns with new 'Cassandra (cherith)' ~ PAGE 9

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County OKs \$3.4 million payout in Kizzee death

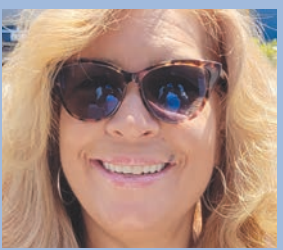
STREET BEAT

'Are war protests on college campuses effective?'



ROSALYN BOUIE
LOS ANGELES

"It's not an effective way to get our government to change its mind. I do think it's an effective way to bring attention for the public to make better choices during election time."



LAURA YOUNG
LAS VEGAS

"I think Biden pretty much has his mind made up about what he's going to do over there. I don't think they're going to sway his decision."



ANITRA BRADLEY
MENIFEE

I don't think they're effective when it leads to violence. ... When protests lead to violence it makes no sense."



KAREN ANDERSON
LAS VEGAS

"I didn't even know there were war protests. I don't watch the news."

Compiled by Cynthia Gibson in Las Vegas.

This Week in Black History May 10, 1994

Four years after being freed after 27 years in prison, Nelson Mandela is sworn into office as president of South Africa. He was the country's first Black head of state and the first elected in a fully democratic election.



For more information on black history, arts and culture, visit www.caamuseum.org

Black man, 29, was gunned down by deputies in 2020

FROM CITY NEWS SERVICE

LOS ANGELES — The county Board of Supervisors has approved a nearly \$3.4 million settlement of a lawsuit filed by the father of a 29-year-old Black man who was fatally shot by sheriff's deputies in 2020 in the Westmont area.

Attorneys for Edwin Kizzee, the father of the late Dijon Kizzee, as well as the estate of Dijon Kizzee, filed court papers last summer notifying Compton Superior Court Judge Fumiko Waserman that a conditional settle-



Attorney Carl Douglas speaks at a press conference in September 2020 regarding the death of Dijon Kizzee, who was killed by sheriff's deputies Aug. 31, 2020.

File photo

ment had been reached, pending approvals by county officials. No details of the proposed settlement were released at that time.

The Board of Supervisors May 7 approved the settlement amount of \$3.375 million.

The suit, filed against Los Angeles County in September 2021, alleged civil rights violations, assault and battery, false imprisonment and negligence, and also maintained the "improper influence of rogue deputy gangs within the sheriff's department" created an environment that directly led to Dijon Kizzee's death.

In their court papers, defense attorneys denied any wrongdoing or liability on the county's part and maintained that the deputies acted "in good faith and without malicious intent."

According to the suit, the county failed to properly train the deputies involved, and Dijon Kizzee did nothing to justify the level of force used against him. Kizzee was shot at about 3:15 p.m. Aug. 31, 2020, by two deputies in the unincorporated community of Westmont, near South Los Angeles. The shooting came barely three months after the death of George Floyd at the hands of police in Minnesota and fostered more animus between the Black community and law enforcement at the time.

The deputies initially stopped Kizzee for riding his bike on the wrong side of East 110th Street. Deputies said Kizzee refused to stop and, abandoning his bike, left while carrying a gun

See PAYOUT, Page 10

LOVE AFFAIR

Singer John Legend addresses graduates at LMU commencement

By SCOUT JACOBS
Contributing Writer

WESTCHESTER — At a time when several area college campuses are experiencing unrest due to protests about the Palestinian crisis, singer John Legend delivered a message of love as he spoke at commencement exercises at Loyola Marymount University May 4.

"Love rooted in the protection and uplifting of humanity" was the message Legend gave to students.

He also emphasized the importance of education in creating change within the world.

"From your time here, you learn that the power of an education lies not in just acing the test or landing a fancy consulting job like I did after college," he said.

"Yes, I was a consultant for a while, believe it or not. The power of education is that it empowers you to serve and to challenge you."

LMU students who attended the May 5 commencement

See GRADUATES, Page 10



Grammy Award-winning singer-songwriter John Legend addressed graduates of Loyola Marymount University during commencement exercises May 4 on the Westchester campus. Actress Janelle Monae spoke to graduates in a separate ceremony the following day.

Photo courtesy of Jon Rou

Writing program targets youth in justice system

By SHIRLEY HAWKINS
Contributing Writer

LOS ANGELES — Jimmy Yu knows what its like to spend time in a juvenile detention facility. He spent most of his teen years incarcerated.

"When I was a youth on the streets, I made some bad choices by hanging around the wrong crowd," Wu said.

While in one of the Los Angeles County facilities, Wu was introduced to the InsideOut Writers program, a program that seeks to help juvenile offenders escape recidivism by writing about their feelings while empowering them with the knowledge and skills necessary to successfully re-integrate into their communities.

Shirley Hawkins is a freelance reporter for Wave News-papers. She can be reached at metropressnews@gmail.com.



InsideOut Writers alum Alton Pitre shares an original creative writing piece at an event last year. Inside Out Writers has been working with juvenile offenders in Los Angeles County since 1996.

Courtesy photo

Twenty-five years later, Wu is the executive director of the program.

Geared toward minority youths age 16 to 25, InsideOut Writers offers three programs: the Alumni Program, which consists of community reintegration services for individuals exiting incarceration in Los Angeles County's Juvenile Detention Centers; the Writing program, which offers a tailored individual action plan that will address the youth's specific risks, needs and goals; and the Diversion program, which redirects youth away from further encounters with law enforcement that may lead to further arrests or incarceration.

Over the years, the program has provided resources and helped thousands of incarcerated youths forge a successful path back to society while helping them change their lives for the better. The organization offers 20 weekly creative writing classes

inside Los Padrinos Juvenile Hall in Downey and the Barry J. Nidorf Secure Youth Treatment Facility in Sylmar.

Wu is in charge of administrative responsibilities for the organization and arranges reentry services for youth in the program while actively leading fundraising.

Wu has witnessed many lives transformed through the program.

"Through creative writing classes, the participants find out who they really are," he said.

InsideOut participant Danny Camarena was just 17 when he was charged as an adult for multiple shootings and was sentenced to serve time in the state prison system. He credits InsideOut for helping him transform his life.

While growing up in Compton, Camarena said he was often embroiled in fights with local gang members.

See PROGRAM, Page 10

Ground broken for 31-acre youth sports complex

BY RAY RICHARDSON
Contributing Writer

WESTCHESTER — Public and private donations totaling \$150 million have cleared the way for construction of a multi-dimensional youth sports complex that will serve the Westchester and Playa Del Rey communities.

Groundbreaking ceremonies on May 8 unveiled plans for Lulu's Place, a 31-acre site that will feature tennis courts, soccer fields, volleyball courts, basketball courts and space for a variety of academic and athletic activities.

Los Angeles Mayor Karen Bass joined more than 150 dignitaries and residents at the construction site for near the intersection of 92nd Street and Fal-mouth Avenue.

"All young people deserve access to enriching sports programs and educational opportunities," Bass said. "The city is proud to be a partner in supporting the development of Lulu's Place. I am very excited that we will have a brand new recreational facility that the entire Playa Del Rey and Westchester communities can



Doug Kimmelman speaks May 8 during ground-breaking ceremonies for Lulu's Place, a 31-acre youth sports complex being built in Westchester. Lulu's Place is named for Kimmelman's late wife, Carol "Lulu" Kimmelman, a long-time elementary school teacher who died of ovarian cancer in 2017.

Photo by Jay Andirino/Lightzone Photography

enjoy for years to come."

Lulu's Place is expected to open in 2026. The complex is

named after the late Carol "Lulu" Kimmelman, a former elementary school teacher in the Los An-

geles Unified School District and a member of the USC women's tennis team that won the NCAA national championship in 1983.

Kimmelman was known for her dedication to equity in sports and providing opportunities for disadvantaged youths.

Kimmelman's husband, Doug, stepped in to follow through on her mission after she died of ovarian cancer in 2017 at age 53.

Doug Kimmelman became the chief fundraiser for Lulu's Place, securing financial support from numerous public and private sources, including the U.S. Tennis Association, Jersey Mike's, Archdiocese of Los Angeles, Cedars-Sinai, LA84, Los Angeles Clippers owner Steve Ballmer (The Ballmer Group) and Tiger Woods' TGR Foundation.

"My four children and I are deeply committed to honoring Lulu's legacy and her passionate belief in the power of tennis and other sports to impart valuable life skills that are essential for personal growth and academic success," Kimmelman said in a statement. "We are thankful for the support of Mayor Bass, L.A. County and community leaders,

as well as our many partners. This ambitious vision that our family dreamed up years ago is now becoming a reality."

L.A. World Airports leased the property where the athletic facilities are being built to Lulu's Place for 50 years.

The Archdiocese of Los Angeles is also planning to incorporate a TGR Learning Lab on the adjacent St. Bernard High School campus. The TGR Foundation develops labs to encourage students to pursue careers in science, technology, engineering, arts and mathematics.

"Lulu's Place is a huge win for the students who attend school in our community, including our own students, and will be a catalyst for positive change," Archdiocese Senior Director and Superintendent of Catholic Schools Paul Escala said in a statement.

Lulu's Place is located in the 11th Council District. Bass and 11th District Councilwoman Traci Park played key roles in generating support among the City Council for a sports complex that could have long-range benefits.

"I'm excited to see Lulu's Place break ground in Westchester," Park said in a statement.

"This world-class facility will be a haven for youth from all backgrounds to build community, develop skills and gain access to athletic, wellness and educational programs that will help them thrive."

As a tribute to Carol Kimmelman's teaching background, Lulu's Place will also provide academic programs to assist youths with their education goals.

On a website devoted to Carol Kimmelman, "luluspace.org," Doug Kimmelman talked about his wife's devotion to the importance of "life lessons for children in the classroom as well as on the tennis courts or in other sports."

Carol Kimmelman spent most of her teaching career at Raymond Elementary in South Los Angeles. While teaching at Raymond, she helped create academic scholarships for Raymond students and served on the U.S. Tennis Association Foundation board of directors.

Ray Richardson is a contributing writer for The Wave. He can be reached at rayrich55@gmail.com.

City News Service also contributed to this story.

Activists seek removal of Police Commission president

FROM CITY NEWS SERVICE

LOS ANGELES — Community activists are calling for the removal of Erroll Southers, president of the Board of Police Commissioners, for what they say is his involvement in "squashing" pro-Palestinian support on area campuses.

Members of Black Lives Matter Los Angeles and the Stop LAPD Spying Coalition held a news conference outside police headquarters downtown May 7 to demand that Mayor Karen Bass remove Southers from his leadership position for allegedly "directing the removal" of Asna Tabassum's USC valedictorian speech, calling in the Los Angeles Police Department to clear pro-Palestinian protesters from USC's campus, and abusing his power to have members of the public detained by police at public meetings.

Joel Curran, USC's senior

vice president of communications, responded to a request for comment on behalf of Southers by noting Southers could not respond because he is "extremely busy helping prepare for USC commencement's events later this week."

"Dr. Southers is an internationally recognized security expert and scholar, and USC is exceedingly fortunate to benefit from his unparalleled experience and service to the university," Curran said in a statement. "We do not comment on internal decision-making, but suffice it to say that the university's leadership is united in prioritizing the safety and security of our students and faculty and staff."

Curran added, "Freedom of speech is a foundational value at USC, but that freedom does not include the right to break rules, obstruct vital university functions and endanger our community's health and safety."



Erroll Southers

"The university is legally obligated to provide a campus environment where everyone can walk throughout our campus free from harassment, discrimination and threats."

Matyos Kidane of Stop LAPD Spying Coalition — an organization based in Skid Row that works to end what it calls

police spying and data-driven policing — said the coalition is focusing on Southers because he serves as USC's associate senior vice president of safety and risk assurance, responsible for overseeing the Administration Division's safety departments.

"Erroll Southers has reached these places of prominence as appointed by Mayor Karen Bass through a career in law enforcement, but also through a career in academia for research — or what is passed off as research — that has demonized the Black community, Muslim community members and continues to do so," Kidane said. "We're seeing now that Erroll Southers in this position of prominence and he's expressing his political will, and acting on an agenda, that serves the genocidal apartheid state at the expense of the health and safety of not just students but Angelenos."

Black Lives Matter organizer

Greg "Baba" Akili said the protests on college campuses have been "overwhelmingly peaceful," and have only gotten violent when police show up.

"The titular head of that force is a person [Southers] who sits here, but who also has a history of supporting, promoting and connecting that force and repression to Israeli policies and U.S. policies," Akili said. "So, he needs to go."

He also criticized Bass for her silence, noting that he remembers when she participated in anti-apartheid protests.

USC became a focal point of Southland pro-Palestinian protests following its April 15 decision to cancel valedictorian Tabassum's commencement speech in response to complaints about her online posts critics called antisemitic. USC officials insisted the move was solely a security issue, not a political decision. Still, tensions continued to

mount — leading to the mass protest April 24 and attempted occupation of Alumni Park that resulted in the 93 arrests and the clearing of the earlier encampment.

Last week, UCLA faced criticism from Gov. Gavin Newsom and other elected officials for its response to a similar encampment established by students. Pro-Palestinian protesters called for a ceasefire and for UCLA to divest from any business associated with Israel.

Police moved in and cleared the weeklong pro-Palestinian encampment May 2, arresting 209 people. Most of those arrested were booked on suspicion of unlawful assembly, then released with instructions to appear in court at a later date.

LAPD officers were among law enforcement agencies that responded to calls for assistance at the schools to address public safety concerns.

Compton woman, son charged with sex trafficking

FROM CITY NEWS SERVICE

LOS ANGELES — A Compton woman and her adult son have been indicted on federal charges of forcing two teenagers to engage in sexual activity for money, prosecutors announced May 8.

Daisy Pollard-Gilliam, 41, and her 24-year-old son Reuben Gilliam, were charged in the indictment with a single count of conspiracy to commit sex trafficking and two counts of

sex trafficking of a minor. Pollard-Gilliam was additionally charged with a single count of being a felon in possession of a firearm and ammunition, according to the U.S. Attorney's Office.

Reuben Gilliam was already in state custody on unrelated charges, and will be transferred to federal custody in the coming weeks. Pollard-Gilliam was arrested April 24 and ordered jailed without bail. She is due to appear in court for arraignment May 14 in downtown Los Angeles.

According to prosecutors, the two 13-year-old alleged victims in the case were walking in Bell Gardens around 2 a.m. June 3, 2023, when a vehicle containing Gilliam and two other men pulled alongside them, and one of the occupants ordered the teens to get in. The teens were then taken to a home in Lynwood.

Prosecutors contend that over the next week, the victims were forced to engage in sex acts with both defendants and other "customers," at least one of whom

claimed to have paid the defendants \$100 to have sex with the teens.

The teens were also directed to pose for provocative photos wearing lingerie that were used to advertise the commercial sex operation, prosecutors said.

After several nights at the Lynwood location, the defendants saw social media posts about missing children that depicted the two victims and described them as being only 13 years old, prosecutors said.

At that point, the victims were moved out of Lynwood.

Law enforcement officials found the teens on June 9, 2023, in a recreational vehicle in Gardena, prosecutors said. Investigators also recovered clothing, shoes, eyewear and a cell phone that was allegedly given to the teens by the suspects.

Pollard-Gilliam also allegedly distributed photos and videos of the victims to an inmate and Kern Valley State Prison, prosecutors said, while Reuben Gil-

liam allegedly communicated on Instagram with other users about his trafficking of the two victims.

The weapons charge against Pollard-Gilliam stems from April of this year, when she allegedly possessed a semi-automatic pistol and 25 rounds of ammunition, despite being prohibited from doing so due to a 2021 conviction for child abandonment.

Both defendants face possible life prison sentences if convicted as charged, according to the U.S. Attorney's Office.

Relatives ask judge for police reports involving 2023 death

FROM CITY NEWS SERVICE

LOS ANGELES — Relatives of a Black man who went into cardiac arrest and died after being fired upon multiple times with a stun gun in a struggle with Los Angeles police in 2023 in Venice want a judge to order the police department to turn over a number of related reports and witness statements.

Keenan Anderson, the father of a 5-year-old son, had been a teacher for more than eight years, most recently at Digital Pioneers Academy, a charter high school in Washington, D.C. Anderson also was a cousin of Patrisse Cullors, a co-founder of the Black Lives Matter movement.



Keenan Anderson

The 31-year-old Anderson had been in the Los Angeles area visiting relatives during the holi-

days when he got into the Jan. 3, 2023, confrontation with police after a minor traffic collision near Lincoln and Venice boulevards. An autopsy determined that Anderson died from the effects of an enlarged heart and cocaine use.

On May 3, the family's attorneys, who include Carl Douglas, filed court papers with Judge Maureen Duffy-Lewis asking that they be given access to Los Angeles Police Department reports and civilian witness statements, including the Force Investigation Division report, digital and audio recordings, photos, body-worn camera and other videos, citizen complaints against the officers involved and police dispatcher recordings.

"This lawsuit concerns the

outrageous, careless and unlawful use of deadly force by city officers, as well as their malicious effort to distort the true facts of their own misconduct," the plaintiffs' lawyers contend in their pleadings filed in advance of a scheduled Aug. 12 hearing. "Moreover, this case raises questions concerning the questionable training and use of force by the police officers that directly led to Mr. Anderson's death."

One officer "grabbed, compressed and shot Anderson in the back of his heart with a stun gun at least six times in rapid succession, with each charge sending 50,000 watts of electrical energy into his body while the other officers pressed Anderson's body against the street while strug-

gling to pull his arms behind his back, according to the plaintiffs' attorneys' court papers.

Two officers put pressure on Anderson's neck, trachea and windpipe as he squirmed in resistance while struggling to breathe, the Anderson family lawyers further contend in their court papers, which further note that Anderson died 4 1/2 hours later.

"I believe defendants' choice to use excessive force ... was racially motivated as he was a young Black man in a predominantly white area," plaintiffs' attorney Rachel P. Jacobs said in a sworn statement.

Earlier this year, the LAPD released some edited body-camera footage showing the encounter between Anderson and police.

At one point, the video shows Anderson being held down on the ground, with Anderson crying out that officers were trying to "George Floyd" him, a reference to the man who died while being restrained by police in Minneapolis in May 2020.

The Los Angeles Police Protective League, the union that represents LAPD officers, previously issued a statement saying Anderson escalated the confrontation with his behavior, which included running away from officers into traffic.

The lawsuit filed last June 22 alleges civil rights violations, assault and battery, false imprisonment and negligence.

Give the Gift of Life. Give Blood. Call 1-800-GIVE-LIFE.

LOS ANGELES WAVE
COMMUNITY
 Compton, Culver City and Inglewood News

County offering free estate planning services to residents

By **EMILIE ST. JOHN**
 Contributing Writer

LOS ANGELES — Los Angeles County residents are being encouraged to take advantage of a free program offering estate planning services through multiple community-based workshops.

The Los Angeles County Department of Consumer and Business Affairs says the goal of the Leaving Legacy program is to protect county residents, particularly those with an asset such as a single-family home, by developing a will, trust, estate plan or other provisions for the distribution of the resident's money and property.

"The Leaving a Legacy program aims to provide L.A. County residents with the safeguards to protect their assets and be prepared in advance to provide a seamless transition when loved ones pass away," said Rafael Carbajal, director of Los Angeles County Department of Consumer and Business Affairs. "We especially want residents to know that estate planning is for everyone and these services are free for those who qualify."

Due to the sensitive nature of estate planning, the county wants residents to have access to free and trustworthy legal and estate planning services which will assist in avoiding probate while preserving and growing intergenerational wealth.

"The COVID-19 pandemic highlighted economic and social disparities in underserved and marginalized communities, especially how unprepared people were for an unexpected death," Carbajal said. "Before dying from COVID-19, one out of five Americans did not have an estate plan in place."

Developing health care directives and living trusts early can help ease the burden on families, Carbajal added. The Department of Consumer and Business Affairs created the Leaving a Legacy program in partnership with Bet Tzedek and St. John's Community Health.

Emilie St. John is a freelance journalist covering the areas of Carson, Compton, Inglewood and Willowbrook. Send tips to her at emiliesaintjohn@gmail.com.



A family begins the process of estate planning. Los Angeles County is offering estate planning services through multiple community-based workshops sponsored by the Department of Consumer and Business Affairs.

Courtesy photo

According to a report from Consumer Reporters April 2022, only 23% of Black Americans and 18% of Latinos reported having a will.

Resident Terrence Franklin said a will is what set his ancestors free from slavery in 1846. In a search for the original document, Terrence uncovered the history and the court disputes that resulted from that document.

Franklin has been an estate lawyer for 30 years and is a partner with Sacks Glazier Franklin & Lodise, and is a champion for closing the gap for minority communities to do estate planning.

"I've been handling fights about trusts and estates since the early 1990s, which is the practice area that my firm specializes in," Franklin said. "So, in our firm, we don't draft wills and trusts, but we often see situations where problems have arisen because no one did proper estate planning."

"Often the situations are complicated, and while the amounts in dispute mean a lot to the people involved, many times our firm can't help cost effectively because the hourly rates for legal fees are so high," he added. "So I've always wished there were more Black people and other people of color doing estate planning, to normalize estate planning in underserved communities, so there would be less disappointed people in need of legal services to straighten

out property ownership issues." Franklin has written many articles discussing the need for estate planning services, particularly in the African-American community, which led to him collaborating with a lawyer on a large-scale program.

"When another lawyer in the trust and estate community, Allan Cutrow, read one of my articles, he reached out to me," Franklin said. "And the two of us started talking about how to get more Black people doing estate planning. We connected with Bet Tzedek Legal Services and UCLA and worked together to create a Fellowship for Equity in Trusts and Estates."

"We raised money to fund the hiring of a UCLA grad to work as a fellow at Bet Tzedek on policy matters, and to help get more training for Black estate planners, and to increase community awareness of this important service."

The benefits of estate planning include making your own decisions on what will happen with your property, which spares family members from the burdens of making those decisions themselves.

"No one lives forever, so taking steps to plan in advance is just a reasonable way to acknowledge that reality," Franklin said. "Furthermore, it is surprising how often people have accidents or illnesses and conditions which leave them disabled. Planning for the reality of death, and the possibility of a disabling illness or accident, is just a smart thing to do."

To qualify for the free services, you must be a Los Angeles County resident, be low to moderate income and live in one of the high need areas.

To see if you qualify and to sign up for the services visit <https://dcba.lacounty.gov/leavingalegacy/>.

State lawmaker introduces bill pertaining to unsolved homicides

By **EMILIE ST. JOHN**
 Contributing Writer

CARSON — Assemblyman Mike Gipson has introduced a bill to address unsolved homicide cases, particularly those in his district.

"Spurred in part by a number of high-profile violent incidents that have taken place the last few months in the harbor area of our Assembly district, we are announcing the introduction of Assembly Bill 2913, related to bringing justice to victims of violent crimes and homicides," his office said in a statement.

Gipson said the bill is necessary because more could be done.

"California needs to do more to solve homicides, especially in communities hit hardest by gun violence," he said. "Right now, there are too many cases left unsolved where families lack hope for justice because departments are no longer pursuing leads."

AB 2913 would require an applicable law enforcement agency to review the case file regarding an open unsolved murder upon written application by a designated person to determine if a reinvestigation would result in probative investigative leads.



Assemblyman Mike Gipson

The bill would define an open unsolved murder as a murder committed more than one year prior to the date of the application for case review, that was investigated by a law enforcement agency, was committed after January 1, 1990, where all probative investigative leads have been exhausted, and for which no suspect has been identified.

If the review determines a reinvestigation would result in probative investigative leads, the bill would require a reinvestigation. The bill would prohibit a reinvestigation from being conducted by a person who previously investi-

gated the homicide at issue and would allow only one reinvestigation being undertaken at any one time with respect to the same victim.

By imposing new duties on local law enforcement agencies, the bill would impose a state-mandated local program. The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

The bill would provide that if the Commission on State Mandates determines that the bill con-

tains costs mandated by the state, reimbursement for those costs shall be made pursuant to the statutory provisions.

"As law, the California Homicide Victims' Families' Rights Act would empower those relatives, because it creates consistent processes to reopen closed cases that would also be available when dealing with a department of any size and location," Gipson said in a statement.

According to Gipson, AB 2913 should not cost the taxpayers money because money was already set aside for this legislation last year.

United Way to conduct annual walk at SoFi Stadium

WAVE STAFF REPORT

INGLEWOOD — There isn't a football game, but thousands of Angelenos will gather at SoFi Stadium May 11 for the annual WalkUnited L.A.

Hosted by United Way of Greater Los Angeles and the Los Angeles Rams, the event will also serve as a special Mother's Day celebration, including photo opportunities and giveaways that honor mothers and mother figures in attendance, whose love and every day contributions help build stronger communities.

The walk-run begins at 9 a.m. and is followed by interactive family-friendly activities, a Rams Kids Zone, food trucks and a beer garden, and more from 10 a.m. to 1 p.m.



Thousands of participants in last year's WalkUnited L.A. gather at the starting line outside SoFi Stadium in Inglewood. This year's fund-raising event takes place May 11.

Courtesy photo

Funds raised by the walk are used by the United Way of Greater Los Angeles to power the fight to end the cycle of poverty and build communities of prosperity.

Rams fans will have the opportunity to meet the Rams 2024 rookie class. This year's WalkUnitedLA honorary chairs are Rams players Steve Avila, Ernest Jones, Kobie Turner and Kyren Williams.

Former Ram Andrew Whitworth, the 2021 Walter Payton NFL Man of the Year and a member of the Rams' Super Bowl winning team, will serve as a co-host of the event.

Thousands of participants are expected to walk or run the route to power the fight for more affordable housing, help low-income community college students graduate, and ensure economic mobil-

ity for families across the county.

Since 2007, WalkUnitedLA (formerly known as HomeWalk) has brought together nearly 150,000 people from across Los Angeles County and raised over \$10 million to end homelessness, becoming the single largest annual event to end homelessness across the nation.

Registration is open through May 10. At registration, people can create their own fundraising team and receive prizes such as Rams T-shirts, water bottles and more.

The registration fee is \$35 for runners and \$25 for walkers. Participants 17 years and under receive free registration to walk but must register. Parking will be complimentary for participants.

For information, visit unitedwayla.org/wula2024.

For advertising information call **323.602.5720**

Food historian to cook up kosher soul locally

By **DARLENE DONLOE**
Contributing Writer

BALDWIN HILLS — Michael W. Twitty is a cook, food historian and cookbook author whose credentials prove he knows his way around a kitchen.

A James Beard and National Jewish Book Award-winner, Twitty, 47, who shuns the title of chef, has made a meaningful impact on the culinary world.

Twitty, who is Black, gay, Jewish and married, is also shaking things up in the literary world with his two books, 2018's "Cooking Gene: A Journey Through African American Culinary History in the Old South," which won the James Beard Award for best writing and book of the year, and 2022's "Koshersoul: The Faith and Food Journey of an African American Jew" (Everett Family Foundation Book of the Year. The first time a Black author won).

On May 15, the Washington, D.C. native will take over the open kitchen at Post & Beam restaurant with a unique culinary experience, "Michael Twitty Presents: A Koshersoul Pop Up."

"I first became familiar with Michael several years ago when his first book came out," said Chef John Cleveland, owner of Post & Beam. "I started following him and was impressed by his breadth of culinary knowledge. It's important that we gather and educate and experience his food. You don't see what he does very often. The Black and Jewish fusion is a new kind of experience."

"Michael Twitty Presents: A Koshersoul Pop Up" is a one-of-a-kind back-to-back dinner experience featuring Black/Jewish fusion recipes from Twitty's books prepared by Twitty and his team.

The first service, Koshersoul Shabbat, from 5:30-7:30 p.m., will lean into Twitty's Jewish background with Matzo ball gumbo, Kneidlach

Darlene Donloe is a freelance reporter for Wave Newspapers who covers South Los Angeles. She can be reached at ddonloe@gmail.com.



Food historian and cookbook author Michael W. Twitty will conduct a 'Koshersoul' dining experience at Post and Beam in Baldwin Hills May 15. Twitty will prepare two meals featuring Black/Jewish fusion recipes.

Courtesy photo

with yassa sauce, West African braised-brisket, Grammy's chicken, Koshersoul collards, Farfel-Cornbread Kush, Jollof Rice, vegan tofu curry, roasted vegetables and rice peach kugel.

The second service, Koshersoul Cookout, from 8:30-10:30 p.m., is less formal. It will feature collard lox wraps, Texas caviar shots, Yiddish brisket, chicken Kati Kati, lamb bacon baked beans, couscous salad, coal-roasted sweet potatoes, preserved lemon potato salad, picnic vegetables, Chow Chow, and Caribbean compote.

I recently caught up with Twitty to talk about the upcoming event at Post & Beam.

DD: What do you get out of events like this?

MT: I want to show some variety in Koshersoul Shabbat. As Jews, we have Shabbat dinner every Friday. There is also for some Black families Sunday dinner. Muslims get together on jum'ah on Fridays. All of those elements feed into that first meal — celebrating breath and diversity of food culture.

DD: Why are you doing the dinners at Post & Beam?

MT: I have a friend who

works there. They hosted me for a conversation when I first got to Los Angeles. This dinner is a goodbye to L.A.

DD: What do you want people to walk away with?

MT: I just want people to understand we are all dealing with strenuous culture wars. I gotta be real with you, I want this to be a healing. Come as you are. Let's enjoy each other's company. Let's do what we gotta do to feel connected. I don't have a lot of answers. All I know is that we can come to the table together.

DD: You don't refer to yourself as a chef. You would rather be called a culinary historian. Why?

MT: Being called a chef is nice. I don't bang out consistent food to order. I don't want to be flattened. Don't get me wrong. I have a lot of respect for chefs. I'm a scholar and a writer first. I cook to express my work and who I am and to honor my culture. It's mainly for the outsiders.

DD: What makes you a culinary historian?

MT: Culinary history does have its own walls and boundaries and merits and responsi-

bilities. You can study. It's one thing to study food. I like to study the history of our people — consumption, pleasure and function.

DD: What was your life like before cooking? What did you do?

MT: I really did try. It wasn't for me. I had a successful stint working as a contract employee for the federal government. After 9/11, they took the money out of softer jobs and moved it to security. I also taught Hebrew school for 15 years.

DD: What is your relationship with food?

MT: The kitchen was the babysitting place. In every household, the kitchen was the meeting place. Not the dining room. Not sitting at the good table with good chairs. Not the living room. It was for company. The kitchen was a sacred place for conflict, grief, fun, laughter and complaints. That's how I grew up.

DD: What does cooking do for you?

MT: Sometimes it stresses me out. Sometimes it's therapeutic. I don't cook fast. Trying to cook something in 30 minutes like they do on some of these cooking shows is ridiculous. In 30 minutes, all I can do is watch the water boil. My grandmother — time-honored. It took time to make food. For me when I have to cook, you start early in the morning and it's like working out at a gym. You'll be exhausted but you have worked through something.

Cooking brings me to other cultures and identities and forces me to live outside my bubble. It's like expressing a problem in terms of ingredients and solving it in terms of a dish.

DD: What is your favorite thing to cook for a dinner party, and why?

MT: Barbecue and other braised meat, and greens are great. It takes a long time and your love comes out. You show people how much you love them.

DD: How does food define Black people?

MT: First we're human beings. Our search for food to quench our hunger is the story of early African history. Crops we domesticated, fish we caught.



Pushing on our food for the next sustenance. Forging iron is part of our study. Our engagement with the rest of the world.

We are sitting at the center of the planet. Then comes our diaspora. It's also about class. To be frank, the world has taken a lot from us, stolen a lot, and then tried to make us subsist on just a little. It goes back to the womb of the Black woman, which was counted on for a kind of cheap, imprisoned labor. We can't separate the oppression that has been set against us.

Part of my work is to never forget about the pain of the past. People who eat off our culture, don't understand. We have an eternal bond with family and friends. Love is an important eternal aspect. Something is being communicated in a way that no one would understand.

DD: What is the connection between Jewish and Black food?

MT: One thing is that they come from East Europe and beyond and Ethiopia. One of the biggest things is it comes from want and need. How do I make this work? There is often oppression built into the food. People made do with what they had. Make the best out of what you have. Decorating a life under the thumb of others with as much beauty as you can muster. It often comes from the dinner table.

We have a lot of stuffed and wrapped foods. Why not stuff collard greens and egg rolls? People don't think of it this way. A lot of times those diasporas have been in the same place at the same time. My food blends all those narratives and gives

people an appreciation of what happens when they mix and play.

DD: You are a Black, gay and Jewish man. What does that mean? All three of those bring a bulls-eye. How have you navigated your life?

MT: I came out at 16 in the school newspaper. So boldly. My biggest ingredient is vulnerability. I realized at some point that life is only as scary as you let it be. I even had to come back to my 16 or 36-year-old self and remind myself who I am and not to look back. Stop being afraid. Stop letting things block you.

It helps with food too. You gotta be willing to put yourself out there. I am standing on the shoulders of giants.

DD: What is your next book?

MT: I'm working on a book for Phaidon Press. It's a cookbook Bible of the American South. I want to write a book on the food of the great migration.

DD: You were the first Black author to win the National Jewish Book Award in 2023 for your book — "Koshersoul." Talk about that.

MT: A sista from Uganda won also. Her name is Shoshana Nambi. She won for her children's book. It's a blessing to have a Jackie Robinson moment. It feels good. You understand that you gotta keep that door open.

'Michael Twitty Presents: A Koshersoul Pop Up,' May 15, 5:30-10:30 p.m., \$165, Post & Beam, 3767 Santa Rosalia Drive, Los Angeles. Both of Twitty's books along with his signature Spice Tribe blends will be available for sale.

Street Food Cinema offers more than dinner and a movie

By **DARLENE DONLOE**
Contributing Writer

LOS ANGELES — Street Food Cinema is just the thing for people who like going to the movies.

It's a twist on dinner and a movie.

Known for hosting moveable movie screenings outdoors under the stars at various parks around Los Angeles, Street Food Cinema complements the experience with music and a variety of food trucks peppered throughout the sites for those in attendance scampering to find a choice spot on the grass.

People can bring their favorite blanket, watch a film, munch on their favorite food and drink their favorite libations while taking in a fan-favorite film on an enormous screen.

With 30-plus outdoor events scheduled across Los Angeles parks, Street Food Cinema, kicked off its 2024 outdoor season April 27 at the Autry Museum with the popular, Academy Award-nominated film, "Barbie."

Since 2012, the popular



A crowd of people enjoys an outdoor movie in a park-like atmosphere as part of Street Food Cinema, which provides outdoor films with food trucks at parks and other public places throughout Southern California. The 2024 Street Food Cinema season began April 27 at the Autry Museum.

Courtesy photo

event, reportedly L.A.'s largest outdoor cinema series, has been showcasing fan-favorite films

on Saturdays on a huge outdoor screen at various places in city.

It's a big party with hundreds

to thousands of movie fans in attendance. Those attending are treated to live music from L.A.-

based artists before each screening.

"We are so very happy to roll out our traveling picnic party of movies and music and street food celebrating our 13th season under the L.A. sun," said Steve Allison, owner of TIL Events - Street Food Cinema.

More than just movies, Street Food Cinema offers rotating food trucks, entertainment, interactive audience games, themed photo opportunities, classic concessions and artisanal vendors.

Most locations also feature a full bar with specialty cocktails and are dog friendly.

Some of the Street Food Cinema locations include the Autry Museum of the American West at Griffith Park, Los Angeles State Historic Park near Chinatown, Pearson Park Amphitheater in Anaheim, Grand Hope Park in downtown and Will Rogers State Historic Park in Pacific Palisades.

Advance tickets range from \$22 to \$27. On-site tickets range from \$27 to \$32. Season passes also are available.

Additional schedule announcements are coming soon and will continue throughout the season, including surprise special events.

A complete schedule as well as ticket information can be found at streetfoodcineman.com.

wide, Dreamworks, Snapchat, Nickelodeon, Lionsgate and Warner Bros.

Some of this year's upcoming films include "Freaky Friday," "Pulp Fiction," "Crazy Rich Asians," "The Little Mermaid," "Avatar: The Last Airbender Night," "Mary Poppins," "The Goonies," "The Crow," "Friends," "National Treasure," "Devil Wears Prada," "Teenage Mutant Ninja Turtles," "Princess Diaries," "Jurassic Park," "Summer of Soul," "Back To the Future Part III," "Mad Max: Fury Road," "Selena" and more.

The 2024 outdoor season runs 27 weeks through Oct. 26, featuring more than 30 events. Last year's opening night brought a crowd of more than 1,800.

Additional schedule announcements are coming soon and will continue throughout the season, including surprise special events.

A complete schedule as well as ticket information can be found at streetfoodcineman.com.

School district music repair shop gets Oscar visit

FROM CITY NEWS SERVICE

LOS ANGELES — Two months after winning an Academy Award for their film about the small team of people who repair musical instruments for use in Los Angeles Unified School District classes, the directors of "The Last Repair Shop" brought their Oscar statuettes to the downtown facility May 6.

One of the two statuettes that were presented to Ben Proudfoot and Kris Bowers for the film will be on loan for occasional display at the shop on South Naomi Avenue in tribute to the people who keep it running.

"Ben Proudfoot and Kris Bowers, the co-directors of 'The Last Repair Shop,' brought notice, brought life, brought attention, brought recognition, elevated the dignity, the humanity, the

professionalism of individuals who for far too long worked in the shadows," LAUSD Superintendent Alberto Carvalho said during a ceremony at the shop.

"The Last Repair Shop" won the Oscar for best documentary short in March. The success of the film has led to an injection of interest — and cash — into the small four-person shop that helps keep music education programs running in the nation's

second-largest school district by repairing and maintaining more than 130,000 instruments.

After accepting the Oscar, Proudfoot announced a capital campaign to help support the shop, with an ultimate goal of raising \$15 million. So far, that campaign had raised about \$101,000, but Carvalho said a total of roughly a half-million dollars had been raised in support of the shop since it gained Oscar

notoriety.

According to the online fundraising campaign's website, thelastrepairshop.com, the funds raised will help create an apprenticeship program for future craftspeople, while also funding new equipment and facilities. The campaign also will work to support music education programs overall.

Bowers noted in March that he had a special connection with

the film, since he was involved with music programs when he attended LAUSD schools. He reiterated that sentiment while visiting the repair shop.

"The music rooms and the pianos in every school that I went to were incredibly important to me," Bowers said. "They were the places that I felt safest growing up, where I kind of processed and worked through a lot of things."

LOS ANGELES WAVE STATE/NATION

Former inmates share memories of forced prison labor

By **ANTONIO RAY HARVEY**
Contributing Writer

SACRAMENTO — Assemblywoman Lori Wilson, D-Suisun City, addressed a group of advocates and activists, including formerly incarcerated men and women at the State Capitol last week, saying she is determined to place Assembly Constitutional Amendment 8 on the November ballot this year.

Wilson, chair of the California Legislative Black Caucus, was speaking at an April 29 rally at the State Capitol organized to promote “The End Slavery in California Act,” a measure Wilson authored that would abolish involuntary servitude in prisons across the state.

“For me, it’s a priority to reassert our unwavering commitment to ACA 8 but not just myself as the author but also the entire Legislative Black caucus,” Wilson said at the rally held on the southeast end of the State Capitol’s grounds.

“This is not just legislation. It is a declaration of our value and resolve to end all forms of slavery and involuntary servitude in our state. ACA 8 is vital because it proposes to remove the ‘exception’ for involuntary servitude from the state’s Constitution, declaring unequivocally that all forms of slavery are prohibited,” she added.

The Quest for Democracy rally was hosted by All of Us or None of Us, a grassroots civil and human rights organization focused on supporting formerly



Assemblywoman Lori Wilson addresses a crowd at the State Capitol April 29, promising to place Assembly Constitutional Amendment 8 on the November ballot. The measure would abolish forced labor in prisons across the state.

Photo by Antonio Ray Harvey

and currently incarcerated people and their families.

Group members, advocates, justice-impacted leaders and supporters from all over the state attended the rally and other activities organized around the event. Their goal was to educate lawmakers and participants about prison reform and the importance of the amendment.

In addition to the morn-

ing-to-mid-afternoon rally, an exhibit of 400 black-and-white photos was on display. Organizers collected images from family members of individuals who allegedly died “at the hands of law enforcement,” one of the markers at the exhibit stated.

During the rally, many former incarcerated individuals, along with organizers and supporters took turns performing songs,

reading poems and sharing their experiences working in California’s penal institutions. They also shared stories detailing the repercussions they suffered in prisons when they refused to work.

The 13th Amendment of the U.S. Constitution was ratified in 1865. It prohibited slavery and involuntary servitude with one exception: if involuntary servitude was imposed as punishment

for a crime.

John Cannon, a member of All of Us or None of Us, performed his hip-hop song, “No Exception: All of Us or None of Us” at the rally. He revealed that he served time in prison and was forced to work in various roles without the ability to object. He worked in warehouses, as a firefighter and in other jobs. Understanding that the “prison industrial complex is a well-oiled machine,” he said, his mission is to see that forced labor is no longer an option.

“Sometimes I don’t think my voice is heard but since I’ve become a member of (All of Us or None of Us) my voice has been heard,” Cannon said. “Especially for Quest for Democracy, for people like me who have been incarcerated before. I am able to go to the State Capitol and get our voices heard in a collective fashion. The issue that is really important to me right now is ending and removing involuntary servitude from the state’s Constitution.”

Article 1, Section 6 of the California Constitution prohibits slavery and involuntary servitude, “except as punishment for a crime.”

Former state Sen. Sydney Kamlager-Dove, D-Los Angeles, originally proposed Assembly Constitutional Amendment 3 in 2020, when she served in the Assembly, to remove this exception.

The Senate failed to pass what was known as the California Abolition Act in July 2022, preventing the measure from being placed on the general election

ballot that year.

Following Kamlager-Dove’s election to the U.S. House of Representatives in November 2022 to replace Rep. Karen Bass, who is now the mayor of Los Angeles, Wilson took up the cause when she was elected to the Assembly. The Assembly approved Assembly Constitutional Amendment 8 last September. It will be heard next in the Senate.

According to the American Civil Liberties Union: California Action, over 65% of the people in prisons reportedly being forced to work are performing essential jobs like firefighting and paving roads.

In 2022, incarcerated workers made up 43% of the state’s firefighters, ACLU revealed. After serving time and being released from prison, the formerly incarcerated are often denied public safety jobs such as firefighters.

“Incarcerated individuals can have severe inhumane punishment for not working, including physical violence and solitary confinement,” Wilson said. “This is not justice. This is exploitation. Period.”

“These punishments can be imposed for absences caused by injury or illness. The relations between incarcerated individuals and work should not be one of exploitation but one of rehabilitation and preparation for reintegration in our society,” she added.

Antonio Ray Harvey is a reporter for California Black Media.

Medi-Cal expands services to provide more help for homeless

By **EDWARD HENDERSON**
Contributing Writer

SACRAMENTO — Medi-Cal, California’s version of Medicaid, is currently transforming to expand coverage for unhoused and at-risk individuals across the state.

The rollout for these changes began two years ago.

New programs include rental and deposit aid, recuperative housing, rehabilitation and sobering centers during the day and the provision of street medicine mobile units that bring care to unhoused individuals. To be eligible, individuals must be enrolled in the Medi-Cal Managed Care Plan and are currently experiencing or deemed at risk of homelessness.

Medi-Cal covers the cost of clinical care and other approved health care expenses for people with limited income and resources.

“Our unhoused population has inadequate access to shelters, lack of food and care,” said Glenn Tsang, policy advisor for the California Department of Health Care Services. “They tend to have extensive medical

and behavioral health needs that are difficult to address in an unstable living environment.

“To help address this, enhanced care management tends to build consistent connections to medical care, behavioral health care and housing stabilization services.”

Tsang was speaking at a news briefing focused on a Medi-Cal expansion hosted by Ethnic Media Services.

According to the Department of Health Care Services, new services being offered to unhoused Californians and other state residents experiencing housing instability include:

- Lead care managers assisting members by building relationships and directing them to the services they need most. There are 14 housing services under the community support program with six of them directly focused on the unhoused population.

- Housing transition navigation services that guide individuals through the process of identifying stable housing. It aids with housing searches, applications, contacting landlords and housing deposits for security

deposits and other upfront costs,

- Housing sustaining services that help members maintain their new residence with landlord mediation, budgeting assistance and connections to other community services.

- Short-term post hospitalization and recuperative care that offers housing options for individuals who have just been discharged from the hospital without a home to go to.

- Day programs that assist with daily living activities like using transit systems to help unhoused individuals get to where they need to go.

- Transitional rent is currently not covered by Medi-Cal. However, an application is available to access this program. It will potentially cover up to six months of rent for people transitioning from hospitals and jails to help prevent common pathways to homelessness.

- Street medicine programs that provide direct medical assistance to individuals living on the street. This alleviates barriers to care associated with transportation to hospitals and health care providers by bringing care directly to members.

One key element of the new initiative is that the care provided to members will come from community-based organizations.

Amber Middleton, director of the Hope Program at the Shasta Community Health Center, spoke at the news briefing about how organizations like hers plan to integrate those services for the unhoused community.

“Our goal is to make sure there are access points in all areas where there might be someone who needs care,” she said. “The whole focus is going to the population and not waiting for things to get so bad that they’re having to seek out services.”

“This is a great example of

how breaking down barriers can prevent future issues. We have enhanced care management case managers who go out to build relationships and engagement with the community.”

Middleton also spoke about some of the trust barriers that can form within the unhoused community when accepting health services in her county and beyond. Police raids on encampments create constant movement and fear among individuals who feel law enforcement may not understand them or have their best interests at heart.

“Many folks who live in the unsheltered community have suffered microaggressions, racism and outright discrimina-

tion,” Middleton said. “Because of this, there is a lack of trust of systems across the board. One of the ways we work on that is engagement and working with them at the place they will meet us at.”

As of Jan. 1, adults aged 26-40 qualify for full-scope medical care through the program regardless of their immigration status. As Medi-Cal continues to expand its services, visit the Department of Health Care Services website to learn more about what is provided and how individuals can get involved.

Edward Henderson is a reporter for California Black Media.



An expansion of Medi-Cal services by the state Department of Health Care Services is providing assistance to unhoused individuals throughout the state. The services range from medical care to behavioral health care and housing stabilization services.

Courtesy photo

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Targeting triggers can relieve asthma

BY BEN JEALOUS
Guest Columnist

“Please Kyla, stop running, you can’t run like the other children. You have to worry about your asthma.”

That’s what Kyla Peck’s aunt, who babysat for her, would tell her growing up.

May 7 was World Asthma Day. As we look at Peck’s story, it is worth remembering that her story is all too familiar among the 27 million people living with asthma in the U.S. (about one in 12 Americans) — especially those living in cities like Chicago, where she is from.

Peck says, “My mother has told me about the countless experiences she has had with me in the hospital from an early age. One of the most memorable moments of me being in the hospital for my asthma came more recently.”

“I was home in Chicago from college, maybe 20 years old, and I had a really, really bad asthma attack,” she continued. “I was hospitalized for maybe about 12 hours. Then I received the bill. Even after insurance paid their part, I owed about \$500. ... It was stressful, not only having to navigate the asthma attack but having to learn to navigate my own financial situation living with this illness.”

A 2020 survey by Lurie Children’s Hospital of Chicago and the Chicago Department of Public Health found that 16% of Chicago families have a child who had been diagnosed with asthma. That is well above both the 11% rate across Illinois and 12% rate nationwide.

Life in Chicago comes with exposure to an extraordinary number of asthma’s causes and triggers. Like in other large cities, emissions from gas-powered vehicles contribute heavily to overall air pollution.

There is historically no shortage of power plant and industrial pollution, including fine particulate matter. Ground-level ozone, a major respiratory irritant, is a problem in the region. And the northern Midwest and Great Lakes region are heavily impacted by the smoke from Canadian wildfires that are more common each summer.

A lot of these triggers are problems for people all over the country. Last summer, smoke

pollution from wildfires in Canada blanketed much of the U.S., including Washington, D.C., where Peck now lives.

“The impact of that wildfire smoke from Canada was significant,” she said. “It was so bad, I remember I was in my car and my eyes were burning. I was driving in my car with a mask on because I couldn’t breathe the air.”

The wildfire smoke is expected to return this summer. It will be especially bad for residents of Chicago and others in the upper Midwest. And experts expect this fire season to be even worse than last year’s because of “zombie fires” that have remained burning in Canadian forests throughout the winter under the snowpack.

Another important trigger for people living with asthma is seasonal allergies. One of the less discussed public health impacts of climate change is that both the length and severity of allergy season are on the rise.

Among other factors, warming temperatures and higher quantities of carbon in the air contribute to various trees and plants producing more pollen and producing it for longer periods of time.

One recent study on North America’s pollen seasons from 1990 to 2018 found climate was a primary driver of allergy season lasting an average of 20 days longer. The same study found the concentration of pollen also went up by 21% over that time.

To mark World Asthma Day — and throughout May, which is Asthma Awareness Month — we should focus on preventing asthma attacks with the most comprehensive approach possible. That means making sure asthma medicines are in schools and co-pays for inhalers remain low — initiatives being pursued by organizations like the Respiratory Health Association and some members of the Illinois Legislature.

It means educating the public about asthma. It means tackling the climate crisis, which worsens allergy season and the prevalence of wildfires. And it means addressing all sources of air pollution from combustion engine vehicles to dirty power sources like coal and gas.

We owe it to the tens of millions of children and adults in the U.S. living with asthma to solve the pressing environmental problems making their lives harder.

Ben Jealous is the executive director of the Sierra Club and a professor of practice at the University of Pennsylvania. His column is provided by the Trice Edney News Wire.



Clashing protesters yell back and forth at each other at UCLA last week. Columnist Earl Ofari Hutchinson says pro-Palestine protesters aren’t necessarily antisemitic but the situation in Gaza has increased antisemitism here and elsewhere.

Photo by Lorenzo Gomez

Campus protests aren’t necessarily antisemitic

BY EARL OFARI HUTCHINSON
Contributing Columnist

The instant the protests at UCLA, USC and other local campuses began, the protesters were hit with one charge. They and their protests were antisemitic.

No matter how many times protest organizers swore that their protests and encampments were not aimed at Jews or the destruction of Israel, it mattered little.

Many conservatives and established Jewish organization, the Republican Party, and many in the media still lambasted the protests as fueling antisemitism. They were right and wrong.

The major protest group leaders scrupulously have avoided the least hint of any antisemitic utterances. They repeatedly made clear their goal was a Gaza ceasefire and for the U.S. and colleges to stand down in their lopsided support of the Israeli military establishment’s relentless Gaza incursion.

Unfortunately, apart from the protesters’ valiant and politically correct efforts to maintain the political and moral high ground on Gaza, antisemitism has surged in the U.S. Beyond the anecdotal reports of threats, harassment and actual attacks and even beyond the numbers compiled by

the ADL and FBI that showed the surge in antisemitism in the country, Gaza was the spark that ignited the surge.

That was far different than the endemic antisemitism which has been a well-documented disgraceful part of America’s past and present.

“The latest outbreak of this plague of hatred is different from earlier outbreaks,” said American University history professor Pamela Nadell. “Alas, what is unique is the extent of the antisemitic vitriol magnified horrifically on social media.”

This was the lethal tag team of hate that was a byproduct of Gaza and inflamed social media.

Nazi and white nationalist hate groups were the masters of the malicious use of social media sites to pump their antisemitic messages with minimal to no prohibitions. They were also masters in ways to skirt the checks that were there. Their messages were effective.

The proof was in the steady stream of postings always anonymously that called for “Gas the Jews” or an online threat to “shoot all you pig Jews.” The hideous irony was that there was no evidence in any of these hate sites that the avowed Jewish haters showed any sympathy or concern about the plight of the Palestinians, much less knew anything of consequence about the history of the Israeli-Palestinian conflict. The Palestinians were just another convenient ploy to verbally, and in some cases worse, attack Jews.

Typical of this ignorance and indifference toward Palestinians but using them as an excuse to

assail Jews was this classic example. The Los Angeles Police Department launched a hate crime investigation against one man who shouted, “free Palestine,” “kill Jews,” and “Israel kills people.”

After a week of war, FBI officials essentially confirmed that much of the verbal and even physical threats and violence were made by unreconstructed antisemites playing off the Palestinians to spread their hate. “The volume and frequency of threats to Americans, especially those in the Jewish, Arab American and Muslim communities in the United States, have increased, raising our concern that violent extremists and lone offenders motivated by or reacting to ongoing events could target these communities,” the FBI said last October.

There were two lethal signs that the deadly events in Gaza would make a bad situation worse. The first was that the Israeli-Hamas war would almost certainly continue to flare for a prolonged period.

“These kinds of spikes in hate crimes are unlike 20 years ago because they are elongating,” said Brian Levin, the founder of the Center for the Study of Hate and Extremism. “We aren’t only seeing a higher number occur, but that increase is resilient and plateaus for longer. Or, after a period when hate crimes have gone down, we sometimes see them reignite like wildfire.”

As long as the war raged, it would remain at or near the top of the news with all the usual human tragic scenes of war and violence that stir people’s passions

and emotions.

“When these kinds of world events take place, whether here or abroad, people feel strongly about them,” said Frank Pezzella, a professor of criminal justice at John Jay College. “And when people have strong beliefs, they act out. They look at people in their neighborhoods and blame them for what is happening in the Middle East, or they blame all Asian people for what started in Wuhan, China.”

The second sign was the continued refusal of many police departments to keep accurate statistics on hate crimes and attacks in their cities. That assures that an incident or attack that may have been motivated by racial, gender or religious hate would not be categorized as a hate crime.

That further guaranteed that the number of hate crimes would be severely undercounted.

The number of antisemitic hate crimes that were counted and documented as such left little doubt that Gaza was the latest trigger. A cursory comparison of the numbers tells the grim truth. According to the ADL, in the week after the war’s start, there were more than three hundred incidents.

The Gaza campus protests sadly are yet another reminder of how antisemitism remains a never-ending reality for Jews and, by extension, America.

Earl Ofari Hutchinson is an author and political analyst. He is the host of the weekly Earl Ofari Hutchinson Show from 9 to 10 a.m. Saturday on KPFF 90.7 FM Los Angeles and the Pacifica Network.

Despite naysayers, Bidenomics is working

BY MARC H. MORIAL
Guest Columnist

“The truth is that the U.S. economy is a remarkable success story. Don’t let anyone tell you that it isn’t.”

— Paul Krugman
Earlier this year, the National Urban League launched its D3 initiative to Defend Democracy, Demand Diversity and Defeat Poverty.

The initiative to combat poverty emphasizes a comprehensive strategy centered on increasing access and equity across several critical areas, recognizing poverty as a significant national issue that jeopardizes the future prosperity of the United States.

The plan includes expanding access to quality education and financial services, making child care and health care more affordable and addressing the high costs associated with

higher education.

It aims to improve social safety nets and create affordable housing while advocating for the decriminalization of poverty and fair pay through living wag-

Simply put, by all economic metrics, Bidenomics is working.

es. The initiative targets the root causes of poverty, particularly in communities of color, and views the eradication of poverty as crucial for the nation’s moral and economic health.

We prioritize these issues, because we know that there are political forces whose agenda conflicts with our progress and our continued work to keep building on progress and fighting for equity wherever and whenever it is necessary.

As we reported in the 2024 State of Black America, which featured a progress report on the Biden-Harris administration: “When President Biden took office in January 2021, the Black unemployment rate was 9.2%. As of January 2024, that number is 5.2%. Through a series of bills investing in America’s infrastructure, workforce, technological advantage and climate, the administration has created opportunities for generations of Black Americans to prosper.”

Simply put, by all economic metrics, Bidenomics is working. It is working for our communities, and it is working for all of America.

Progress works on a continuum and progress requires active

recovery in U.S. History.

The sophisticated campaign is both national and targeted in specific congressional districts, including a number of Black and Hispanic districts.

Millions of dollars are being spent on ads promoting a false narrative on the Biden administration’s successful economic policies and to algorithmically profile voters who click on these misleading ads.

As I said in my introduction to this year’s state of Black America, “Our abiding commitment to freedom is undermined by discriminatory voter ID laws, gerrymandering, the shuttering of polling places in predominantly minority neighborhoods, limits on early voting and reckless purging of voter rolls.”

It is also undermined by divisive disinformation. We know that before any election gets here, anti-racial justice forces will push false narratives and disinformation designed to depress us and divide us in America.

By every factor that matters, it is important to remember that Bidenomics works. These “Swiftboat” tactics that target us on our phones and in our computers are a dangerous tactic we must remain vigilant about as we fight for justice and equality.

Marc H. Morial is the president and chief executive officer of the National Urban League.

To mark World Asthma Day ... we should focus on preventing asthma attacks with the most comprehensive approach possible.

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VOICES

Balancing safety and free speech on college campuses

BY JOE W. BOWERS JR.
Guest Columnist

In recent weeks, California's mostly tranquil college quads have erupted into epicenters of pro-Palestine and anti-Israel activism. At Stanford's White Plaza, dozens of tents have sprung up, while UCLA's Royce Hall was tagged with the graffiti message "Free Gaza."

Students are demanding divestment from companies



Bowers

linked to Israel and calling for a U.S. government-brokered ceasefire in the ongoing Israeli-Hamas conflict.

This wave of protests and student encampments reflects a surge of support for Palestinian civilians in Gaza, which has ignited tensions on campuses. As the protesters try to stand their ground, daily disruptions to campus routines including graduation ceremonies, clashes involving students and non-student agitators, trespassing and acts of vandalism underscore the issue's complexity and its profound impact on university communities.

The student protests have posed a formidable challenge for administrators who must balance respecting free speech and the right to protest with maintaining safe and stable conditions on campus for students to pursue their studies, while also ensuring staff can perform their jobs effectively.

These challenges require



Student protests over the Palestinian conflict have continued at several college campuses throughout the state, including at UCLA and USC. Columnist Joe Bowers writes that the college administrators must balance student safety with concerns about free speech.

Courtesy photo

university leaders to tread carefully to navigate the tensions and uphold core university values. Their decisions shape not only campus life but also the broader discourse on democracy and civil rights.

While echoing the spirit of past student movements, today's student protests differ from those of the 1960s and 1970s, which focused on broader social and political affairs, encompassing issues like civil rights, the Vietnam War and campus culture.

These protests align more with the 1980s' anti-apartheid protests, sharing a focus on specific global issues, collective action for institutional change and campus-based activism.

A key difference is today's use of social media as an organizing tool.

Social media platforms like Twitter, TikTok and Instagram enable rapid mobilization but can inadvertently create echo chambers, where students encounter information that reinforces their existing beliefs. This fosters a more polarized environment compared to the reliance on traditional campus newspapers, mainstream media coverage and political pamphlets and leaflets of the past.

The current wave of protests risks tipping into intolerance by conflating criticism of Israel with prejudice against Jewish students. Universities face a delicate challenge: creating

an environment where pro-Palestinian and pro-Israeli voices can be heard, while maintaining respect and ensuring that rising antisemitism does not take hold.

Historically, Jewish students have been at the forefront of social justice movements, marching alongside Black students for civil rights and LGBT students for equal rights. However, today some Jewish students feel a lack of similar support from student groups advocating for the Palestinian cause. As a result, some report feeling intimidated and unsafe on campus.

Universities must cultivate an atmosphere of inclusivity and intersectionality, ensuring students from all backgrounds can advocate for their beliefs.

Open dialogue and mutual respect are essential to avoid marginalizing any group or cause.

The increased reliance on law enforcement to manage student protests today is a stark contrast to the 60s and 70s, when administrators often tolerated civil disobedience. Universities today seem quicker to call in police to disperse encampments or quell disruptions, raising concerns about the potential for police using excessive force on students and the chilling effect it may have on free speech.

History reminds us of tragedies like the Kent State shootings in 1970, where National Guard troops opened fire on unarmed students protesting the Vietnam War, leaving four dead and nine wounded.

Days later, at Jackson State, police shot two dead and injured 12 during a racial justice protest by Black students exercising their First Amendment right to assemble. These tragedies highlight the dangers of using excessive force against student protesters.

Police force should be a last resort against student protesters. Universities must prioritize de-escalation, while ensuring that police maintain peace when necessary.

UC Berkeley reflects the broader nationwide movement, with students camped out in Sproul Plaza demanding divestment from Israel and creation of a Palestinian studies program.

Similar protests have sprung up at Stanford, San Francisco State University, Occidental, UC Irvine and UC Riverside with varying degrees of disruption and administrative responses. At Sonoma State University, protests have been relatively

subdued, with campus police taking a hands-off approach.

The situation at USC reached a boiling point with arrests, the cancellation of a pro-Palestinian valedictorian's speech, and ultimately, the university canceling its main commencement ceremony.

UCLA witnessed a convergence of pro-Palestinian and pro-Israeli groups, leading to confrontations that escalated to violence. Following a night of clashes prolonged by delayed police intervention, classes were canceled, and ultimately police were called in to dismantle the pro-Palestinian protesters' unlawful encampment.

These student protests highlight growing activism on campuses and underscore the complex challenges university leaders face when managing passionate student demonstrations and navigating pressure from lawmakers and alumni.

Universities have a unique opportunity and a responsibility to their students to create forums for open discussion, foster empathy, understanding, and peaceful protest in a world brimming with conflict.

Joe W. Bowers Jr. is a contributing editor to California Black Media and a graduate of Stanford University. This column is supported in whole or in part by funding provided by the state of California, administered by the California State Library in partnership with the California Department of Social Services and the California Commission on Asian and Pacific Islander American Affairs as part of the Stop the Hate program. To report a hate incident or hate crime and get support, go to CA vs Hate.

Investors must learn how to limit their financial losses

BY JOHN GRACE
Contributing Columnist

In the same decade, the securities industry failed investors twice, in 2000-02 and 2008-09. It happened again in 2022.

As a 15-year-old Boy Scout working as a summer camp counselor living in the forest at Lake Arrowhead Scout Camps determined to attain the rank of Eagle Scout, I well remember learning from the U.S. Forest Service foresters about the substantial dangers of fire suppression.

The Fed's monetary policy intervention reminds me of forest fire suppression. When you suppress fire too much, any fire can become too big and intense to control. Similarly, investors can ill afford to have all of their eggs in any one

Investors can ill afford to have all of their eggs in any one basket because that basket could easily blow up in smoke, leading to significant losses.

basket because that basket could easily blow up in smoke, leading to significant losses.

Investors in stocks, bonds and real estate have been severely impacted. However, active management can play a crucial role in limiting losses in stocks and bonds, and most importantly, in reducing risk by diversifying your portfolio with a mix of alternative assets.

This is an opportune time to consider reducing your exposure to traditional

real estate and stock market exposure. Take a closer look at employing active management and consider adding options, such as positions in data center infrastructure (Artificial Intelligence is here to stay), diversifying into student housing, multi-family dwellings affordable housing and industrial properties, with a focus on the Sun Belt outside of California.

Thanks to technology and the work of agile financial advisors, investors no



On the money

JOHN GRACE

longer need to live with losses. As we demonstrated to investors in 2008 and 2022, there are ways to limit your losses.

This time is different. Don't drown. Turn your assets around.

John Grace is a registered rep-

resentative with LPL Financial. His On the Money column runs monthly in The Wave. The opinions expressed here are for general information only and are not intended to provide specific advice or recommendations for any individual.

Remembering the life, ministry and legacy of Rev. Murray

BY JOHN HOPE BRYANT
Guest Columnist

How do you salute a man who walked amongst the angels? You start by making sure that history accurately reflects his name. This is my modest contribution to the telling of his vital history and legacy.

Rev. Cecil "Chip" Murray changed my life, literally.

He was more than a mentor, a supporter, or a good friend to a



Bryant

"young man coming up." He was, in every way — particularly during my evolving years as a young man in the making — my spiritual father.

Rev. Murray and I met originally through my friend Mark Whitlock, now Rev. Mark Whitlock, who leads one of the three largest AME churches in the nation — Reid Temple AME Church in Maryland. Back then, Whitlock was an executive in the making, first at a property title company and then a banker at Wells Fargo.

But what he and I knew then was that Rev. Murray had already decided, in his spirit, that our lives would be transformed into a life's calling.

Very seldom do you meet someone who you believe is otherworldly, someone who you genuinely believe walks their talk and might even qualify as a saint on this earth. A true prophet from on high, representing God almighty right here on earth. That there is Rev. Cecil "Chip" Murray.

It is impossible to communicate the power and transformational impact that this man had on my life, but I will try by telling you a couple of intimate stories about Rev. Murray.

When I first showed up at the church, the Rodney King Riots of 1992 had engulfed the city, and everyone important at the time seemed to be sitting in Rev. Murray's office.

That included the governor (the Republican Pete Wilson), the mayor (the legendary Democrat Tom Bradley, also an early mentor of mine), civil rights leader Rev. Jesse Jackson, the Catholic bishop, the Jewish rabbi, the Muslim imam and every other who's who from the city had crammed into this one man's office — all seeking his approval and wise counsel.

As a young man of 26, whom

He was, in every way — particularly during my evolving years as a young man in the making — my spiritual father.

Rev. Murray had reluctantly agreed to mentor, I was invited to come in and take a seat, even though I had zero role, power or responsibility. One might say I was actually in the way.

But Rev. Murray saw something in me and invited me in to take a quiet seat in the corner when I showed up at his office, looking for a way to help following the citywide unrest. It was after, and in many ways because of this meeting, that I ultimately founded Operation HOPE.

Rev. Murray told me to take my business skills (and my high contacts in local finance) and put them to work "rebuilding our community." Within the week, on May 5, 1992, I organized the first bankers bus tour through a still smoldering South Central Los Angeles.

The result of this first tour was a commitment from the assembled bankers to fund the rebuilding of Handler's Pharmacy, a Black-owned pharmacy business located at Western Avenue and 42nd Street.

That was the first commitment to 'rebuild' by anyone and involved leaders from government, community and the private sector. It also focused on a quality that later became my strength and global calling card — outcomes and results.

I ended up founding Operation HOPE in 1992, with a \$61,000 grant requested by Mayor Bradley to then-Republican President George W. Bush. It was an SBA 7J grant made on a bi-partisan basis. This also became a quality I would find useful for 30 years of "getting stuff done."

On the 10th anniversary of the Rodney King Riots — 22 years ago — Rev. Murray and First AME Church partnered to host then-U.S. President George W. Bush in South Los Angeles to salute the rebuilding. They were joined by 700 leaders from across Southern California, inclusive of both major political parties and all racial groups. Classic Cecil "Chip" Murray.

Today, Operation HOPE is the largest financial literacy coaching,

counseling and economic empowerment organization nationwide, with 300 full-time offices in 40-plus states. Its partners have invested more than \$4.5 billion into our communities, raising credit scores, lowering debt, increasing savings and creating minority homeowners and small business owners.

One majority Black-owned business has inspired, created and grown more than 400,000 Black businesses, equal to more than 12% of all Black businesses in America. That is the living legacy of Rev. Cecil Murray.

Rev. Murray also sparked and inspired something much closer to home. He inspired me, but he directly mobilized Rev. Whitlock to lead his newest church initiative back then — something he boldly called FAME Renaissance.

FAME Renaissance loan fund, a FAME Renaissance Venture Capital Fund, a FAME Renaissance Transportation Program that transported one million people annually; a FAME Renaissance environmental protection program, which saved 1.5 billion square acres of water; a FAME Renaissance Commercial Office Building of 75,000 square feet; a FAME Incubator Program, which trained 1,000 entrepreneurs and started 400 small businesses, a FAME Renaissance Home Loan Program, which funded 500 homes, a FAME Housing, which had affordable housing projects of 700 units with low to moderate tenants, encompassing seven buildings. And so much more.

Sometimes, you run into someone in life who changes your life and the world we all live in, too. That man, for me, at 26 years old, was the Rev. Cecil "Chip" Murray.

And this one thing I know, and I hope that you now understand this to be true too. His powerful, one-of-a-kind legacy lives.

John Hope Bryant, founder of Operation HOPE, and spiritual son of Rev. Cecil "Chip" Murray, can be reached at rachael.doff@operationhopehq.org.

SPORTS

SPORTS DIGEST

Season ends early for Clippers after loss to Mavericks

By DON WANLASS
Contributing Writer

Clippers all star Kawhi Leonard played in 68 regular season games this season, the most he has played since 2016-17 when he played for the San Antonio Spurs.

Apparently, all that exertion once again took its toll on his body, particularly his chronically injured right knee.

The knee swelled up toward the end of the season and Leonard ended up missing four of the Clippers' six playoff games against the Dallas Mavericks. And, also once again, the Clippers' season ended in the first round of the NBA playoffs.

The Mavericks completed the series May 3 with a 114-101 win in game six that showed just how vital Leonard is to the Clippers.

Leonard has won championships with both the Spurs and the Toronto Raptors. He has been most valuable player of the NBA Finals twice.

His all-star running mates, Paul George and James Harden (you can throw in Russell Westbrook if you want), have never won a title.

A look at the box score of the game six loss to Dallas shows why. With their star out with inflammation in his knee, George, Harden and Westbrook missed 28 of 41 shots, 15 of 17 from three-point range.

Starting center Ivica Zubac scored 17 points and grabbed 11 rebounds, sixth-man Norman Powell scored 20 points, but it wasn't enough to overcome bad shooting nights from Harden and George.

After playing to a 52-52 tie in the first half, the Mavericks outscored the Clippers 35-20 in the third quarter and never looked back. Their stars, Luca Dončić and Kyrie Irving, rose to the occasion. Dončić had 28 points, 13 assists and seven rebounds and Irving had 30 points to lead the Mavericks into the second round, where they can expect to get knocked out of the playoffs by the Oklahoma City Thunder.

The Clippers go home early, unable to fulfill the dream of owner Steve Ballmer to raise a championship banner on opening night at the Intuit Dome next October.

Like the Lakers, the Clippers have to do some soul-searching this offseason.

George can opt out of his contract and has been making noise that he wants an extension, while teams like Philadelphia and Orlando make it known he is at the top of their want list.

Harden is a free agent. So is Westbrook. The Clippers don't have a first round draft pick. Head



James Harden hits a three-point shot against the Dallas Mavericks in game five of the opening-round playoff series at Crypto.com Area May 1. The Clippers, playing without Kawhi Leonard, were eliminated from the playoffs by the Mavericks May 3.

Courtesy photo

coach Tyrone Lue has a year left on his contract and he wants an extension, too. The Lakers, among others, will be watching what happens there closely.

The Clippers have to decide which way they want to go.

Harden has been the best point guard the team has had since Chris Paul left, but he will be 35 in August and is nowhere near the player he was when he made four straight all-NBA first teams between 2017 and 2020.

George just turned 34 and also is starting to show signs of his age. Without Leonard, George should have stepped up his game in the playoffs, but he scored 55 points in the team's two wins and only 62 in the four losses.

In a Western Conference that is getting better — and younger — every year, the Clippers find themselves in the same situation as the Lakers. They are good enough to make the playoffs, but not good enough to advance.

Leonard just signed a three-year contract extension that will pay him \$150 million. He isn't going anywhere.

Harden probably won't make a decision on coming back until he sees what George does. The Clippers might be better off packaging George in a sign-and-trade deal with Philadelphia and get a point guard back in return.

They can then see if younger players like Terance Mann, Bones Hyland, Amir Coffey and Brandon Boston are ready to become key role players.

Even then, they will find it tough playing in the Western Conference next season when Ja Morant returns to the Memphis Grizzlies, the young Minnesota Timberwolves and Oklahoma City Thunder get more experience and the Denver Nuggets continue to be good.

It's decision time for the Clippers. And I don't envy their position.

season.

Who will the Lakers hire to replace Ham? Who knows?

It's no secret they like Lue, who has one year left on his Clippers contract. Lue coached the Cleveland Cavaliers (and LeBron) to the 2016 NBA title.

The Lakers offered him the job before they hired Frank Vogel in 2019. But Lue wanted a three-year deal and the Lakers only offered two. He ended up with the Clippers.

Other candidates to replace Ham are Mike Budenholzer, who coached the Milwaukee Bucks to the title in 2021; longtime assistant Kenny Atkinson and former player turned analyst JJ Reddick.

Budenholzer would be my choice, but Reddick shares a podcast with LeBron so he will get consideration, even though he has no coaching experience, except for his kid's team.

The Lakers might as well let James take part in the interview process, since the team revolves so much around him. No matter who gets hired, the Lakers still need to strengthen the overall roster.

The experts have them targeting Atlanta Hawks guard Trae Young or Cleveland Cavaliers guard Donovan Mitchell as two young stars who can take some of the playmaking and scoring load off of LeBron's shoulders. Either one would be an improvement over the inconsistent D'Angelo Russell.

The Lakers also need help at forward, although a healthy Jarred Vanderbilt, who missed most of the past season with a foot injury, might be all that is needed there.

But first, the Lakers have to decide who will be their coach. They have gone through six coaches since Phil Jackson stepped down for the second time in 2011.

That's too many. If you have gone through six coaches in 13 years, the person doing the hiring is making the wrong choices.

THE CLARK FACTOR: Caitlin Clark, who took the college basketball world by storm this past season at Iowa, is already having an impact in the WNBA and the season hasn't started.

Clark was the first overall pick in the WNBA draft last month and will bring the Indiana Fever to Los Angeles to play the Sparks May 24.

That game was originally scheduled to be played at the Walter Pyramid on the campus at Long Beach State because the Sparks' home — Crypto.com Arena — was supposed to be hosting playoff games of the Lakers, Clippers or Kings.

With those three teams all eliminated from the playoffs in the first-round, Sparks management quickly moved the game with the

Fever and two other early-season games from the Pyramid, which holds about 4,000 people, to Crypto.com, which holds close to 19,000.

Whether Clark can fill the arena remains to be seen, but tickets for her appearances at other places around the WNBA are hot items and the Sparks figure to sell at least 6,000 more tickets (if not more) than they would have at the Pyramid.

The Sparks open their season May 15 against the Atlanta Dream at the Pyramid. After a road game in Las Vegas, the Sparks return to the Pyramid for a game with the Washington Mystics before moving to Crypto.com for the Fever game May 24.

The Sparks also moved the May 26 game with the Dallas Wings and the June 5 game with the Minnesota Lynx to Crypto.com.

The rest of the home schedule also will be played at Crypto.com.

ON A ROLL: All it took was a 3-6 home stand to wake the Dodgers up. Since the Dodgers hit the road, April 23, they have gone 12-4 while getting solid pitching and hitting, despite having most of the bullpen on the injured list.

Over the last weekend, they swept three games from the Atlanta Braves, who entered the series with the best record in baseball. They outscored the Braves, 20-6 in the three games.

The starting rotation got a huge boost with the return of Walker Buehler May 6. Buehler pitched four innings and gave up three runs and struck out four against the Miami Marlins in his first game in 23 months.

The Dodgers offense helped him out by scoring three times in the first inning after the Marlins scored twice in the top of the inning. It took all of three hitters to erase the two-run deficit.

Mookie Betts walked to lead off the bottom of the first. Shohei Ohtani homered and so did Freddie Freeman. Just like that, Buehler was off the hook.

The Dodgers added home runs by James Outman and Teoscar Hernandez and the bullpen gave up only one hit in five innings of work.

The Dodgers did lose closer Evan Phillips and set-up man Joe Kelly from the bullpen in the last week, but Blake Treinen returned to the roster for the first time since 2022. After some early season blips, the bullpen has pitched well in recent weeks and the Dodgers are rolling again, 6½ games ahead in the National League West.

That lead could get bigger this weekend because the Dodgers will be down in San Diego playing the second-place Padres.



The Lakers fired head coach Darvin Ham May 2, making him the scapegoat for the team's early exit from the playoffs. Ham took the Lakers all the way to the conference finals this season. His two-year record was 90-74.

Courtesy photo



Shohei Ohtani circles the bases May 5 after one of the two home runs he hit in a 5-1 win over the Atlanta Braves. The Dodgers swept three games from the Braves and have won 12 of their last 16 games.

Courtesy photo

LOS ANGELES WAVE
ENTERTAINMENT

Andra Day returns with new 'Cassandra (cherith)'

By **BILL VAUGHAN**
Entertainment Writer

Multi-platinum powerhouse vocalist, Grammy winner, Golden Globe Winner, and Academy Award nominee **Andra Day** has released her highly anticipated new album "Cassandra (cherith)" via Warner Records.

Penned and produced by Day herself, the album resonates with profoundly emotional lyrics, unwavering honesty, spiritual nourishment and the artist's dis-



Grammy Award winner Andra Day has released her new album 'Cassandra (cherith),' featuring emotional lyrics and the singer's distinctive vocal prowess. It's her first album of original music since 2021.

Photo by Miriam Santos

deaths and the rise of a new kingpin. "The Ultimatum: South Africa" (Netflix): A six-way partner-swap sparks wild attractions and tearful betrayals. Participants choose whom to love and leave in this heart-pounding experiment. "Friday Night Vibes" (TBS): It's a **Queen Latifah** double feature with "Girls Trip" and "Just Wright" slated. "Great Performances" (PBS): This production of the Shakespearean classic "Hamlet" is directed by Tony Award winner **Kenny Leon** from The Public Theater's Free Shakespeare in the Park at The Delacorte Theater in Central Park starring Tony Award nominee **Ato Blankson-Wood**.

May 11 – "**Kevin Hart**: The Kennedy Center Mark Twain Prize for American Humor" (Netflix): **Dave Chappelle**, **Jerry Seinfeld** and some of comedy's biggest stars gather to honor and roast the comic/actor as he accepts the prestigious award in a heartfelt, hilarious ceremony. "Full Court Press" (ESPN+): A new series that chronicles the ongoing journeys of senior Iowa guard **Caitlin Clark**, senior South Carolina center **Kamilla Cardoso** and sophomore UCLA guard **Kiki Rice**.

May 12 – "Anne Rice's Interview with the Vampire" (AMC+): The compelling period series starring **Jacob Anderson** ("Game of Thrones"), **Sam Reid** and **Eric Bogosian** returns for a second season with a new Claudia (**Delainey Hayles**). "American Idol" (ABC): The Top 5 travel to Walt Disney World with guest mentor **Kane Brown** before performing two beloved favorites from the Disney Songbook. America votes live for the Top 3 heading to the finale. In addition, **Jenifer Lewis** performs. "Tracker" (CBS): **Jensen Ackles** ("Supernatural") guest stars as the estranged brother of Colter (**Justin Hartley**). "TIME100: The World's Most Influential People" (ABC): **Taraji P. Henson** hosts with special musical performances from **Fantasia Barrino** and **Dua Lipa**.

May 13 – "Celebrity Wheel of Fortune" (ABC): **Neil deGrasse Tyson**, **Robin Thede** and **Tony Hale**

May 14 – "The Express Way with **Dulé Hill**" (PBS): The season ends with a trip to "Chicago." "BET News Presents" (BET): "What's At Stake: 2024 Election Roundtable" "10 Years of the Tonight Show Starring **Jimmy Fallon**"

(NBC): A primetime two-hour special presentation of the show's best moments and performances.

May 15 – "Queen Rock Montreal" (Disney+): A 1981 digitally re-mastered concert featuring the band's greatest hits including "We Will Rock You," "Bohemian Rhapsody," and "Another One Bites the Dust." "Royal Rules of Ohio" (Freeform): A docuseries following three Ghanaian sisters as they navigate their 20s in Columbus, Ohio. The Agyekum sisters live a lavish life as the daughters of royal descendants of two of the most wealthy and powerful Ghanaian kingdoms. However, with that privilege comes great responsibility. "Chicago Fire" (NBC): Prolific actor **Emonn Walker** who portrays Capt. Bolden announced he's leaving the series after 12 seasons.

May 16 – "Bridgerton" (Netflix): Season three launches with four episodes. "The View" (ABC): Author **Bakari Sellers** ("The Moment: Thoughts on the Race Reckoning That Wasn't and How We All Can Move Forward Now") "**Tamron Hall**" (Syn): "Tamron's Cook Out" with **Ja Rule**, **Fat Joe**, **Doug E. Fresh**, **DJ Cassidy** and **702 "Young Sheldon"** (CBS): The series ends with special back-to-back episodes featuring **Jim Parsons** and **Mayim Bialik** of "The Big Bang Theory" reprising their roles as the adult Sheldon Cooper and Amy Farrah Fowler. "Law & Order: Organized Crime" (NBC): Despite lower ratings, the series has been renewed for a fifth season — only it will return on Peacock.

END QUOTE: "If you want to protest, protest. But if you really want to be effective and make change, go up to the legislation office, go up to your senator, call your council. Go to Congress — [the people] who make change. It would be way more effective. Go become a lobbyist and go talk to them." — **TIFFANY HADDISH** to TMZ

As featured in the Los Angeles Wave and Independent, Tasty Clips is one of the leading entertainment columns in the nation, serving nearly one million weekly readers. Bill Vaughan may be reached at tastyclips@yahoo.com, via Twitter @tastyclips, or Instagram @tasty_clips.



BILL VAUGHAN'S

Tasty Clips

Time, and TV theme songs. And the guests! Singer/songwriter/producer **Beck** came out for "Raspberry Beret" and the male cast members of Rudolph's very funny Apple TV sitcom "Loot" supported as dancers while **Ron Funches** and **Joel Kim Booster** came up for a joke or two.

The biggest surprise came during the encore when **Wendy & Lisa of The Revolution** shocked the house with "Purple Rain."

Rudolph's big week continues as she returns to her "Saturday Night Live" roots to host the show May 11, to be followed by a guest appearance on "The View" May 13 with **Robert De Niro**.

TASTY QUIP: "I give about \$1,000 [for a pedicure] because I know my feet stink. I know they're ugly, and I like to paint them. I paint that s*** because it's ugly, and I want it to look pretty." — **SHAQUILLE O'NEAL**

HAPPS: On May 10, Netflix Is A Joke Presents: **Kevin Hart** at the Hollywood Bowl, **Michelle Buteau** at the Hollywood Palladium, **Ali Wong** at The Wiltern (for three nights), **Nicole Byer** at The Troubadour, **London Hughes & Friends** at The Hotel Café, and **Brett Goldstein** of "Ted Lasso" fame at the Orpheum Theatre for two nights ...

On the music tip, **Rebirth Brass Band** is at the Miracle Theater, **Benny The Butcher** with **Boldy James** at The Novo, **Mix Master Mike** of the **Beastie Boys** at The Venice West,

Luenell headlines at the Regent Theater on May 11, while **Trevor Noah** is at the Hollywood Bowl, **Chelsea Handler** at YouTube Theater, **Orlando Leyba** at the Hollywood Improv, and **Nate Jackson** visits downtown's Palace Theater ...

The evening also features singers

Carmen Lundy at the Kirk Douglas Theatre, **Queen Esther** at Santa Monica's Broad Stage, and reggae icon **Yellowman** at The Venice West ...

Keith Sweat, **SWV**, **Geniune**, and **112** are set May 12 for a Mother's Day concert at Toyota Arena, as **Frankie Beverly & Maze** continue their farewell tour at The Forum, **KRS-One** is at Whiskey A Go Go, and **Sommere** brings her stand-up comedy to the Miracle Theater ...

Hot off of her Tiny Desk performance, **Willow** comes to Amoeba Hollywood May 14 ...

Shaunie Henderson, creator of "Basketball Wives," signs copies of her new book, "Undeclared: Changing The Rules And Winning On My Own Terms" at Malik Books on May 15, while **Michael Twitty** Presents: A Kosher Soul Pop Up at Post & Beam ...

Also that date, **Panic in L.A.** returns to 1720 bringing together **Rakim**, **Talib Kweli** and **Slum Village** ...

On May 16, bluesman **Cedric Burnside** is at the Troubadour, as **Nikki Glaspie & The Nth Power** rock The Venice West, and "Bond Lady" **Gloria Hendry** sings with an all-star 18 piece orchestra at Catalina Jazz Club.

TASTY QUIP: "There's so much white mediocrity that gets celebrated, and Black people, we have to be absolutely flawless to get half of [that] anyway. So, I'm slowly training myself out of that and being like, 'No sh—. You deserve love just for existing.'" — **NCUTI GATWA**, the actor who has become the first Black "Doctor Who" (premiering May 10 on Disney+) to the Hollywood Reporter

TC ON TV: May 10 – "The Chi" (Paramount+/SHO): The sixth season spring premiere is said to lead to a few

tinctive vocal prowess.

"[This] is a journey through my soul, a tapestry woven with threads of heart-break and empowerment," shared the singer of the massive hit "Rise Up." "It's an intimate reflection of my personal experiences and growth, presented through the language of music."

From the infectious anthem "Probably," a Top 20 hit at radio rapidly ascending the charts, and the single "Chasing," to the atmospheric groove of "Nervous," "Cassandra (cherith)" — named after Day's birth name and a biblical allusion meaning "to cut away" — embodies her most intimate work to date, showcasing Day's remarkable versatility.

For the vocalist who delivered a stirring rendition of "Lift Every Voice and Sing" at Super Bowl LVII, the album marks her first original music since the soundtrack of "The United States vs. Billie Holiday" in 2021.

Come see her May 14 as the Grammy Museum hosts "A Conversation with Andra Day" at 7:30 p.m. to be followed with a performance.

ON A ROLL: "They say this is the Netflix is a Joke Fest," announced **Maya Rudolph** from the stage of the Hollywood Palladium May 5, "but this ain't no joke. This is the s—t!" She was talking about the concert she was about to give with her former college roommate **Grechen Lieberum** as the reunited tribute band **Princess**.

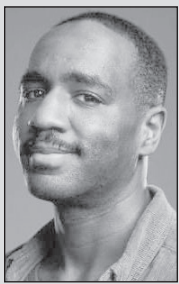
The show's set list culled from **Prince's** catalog, songs associated with **Sheila E** and **Morris Day and The**

BOOK CORNER

Young superheroes seek supervillains in new book

By **MARISSA WELLS**
Contributing Writer

After being caught by pro heroes for vigilante activity, Jordan Harris must go undercover to a school for superheroes to discover who amongst the student body is a supervillain in disguise. Along his journey, Jordan learns powerful lessons about trust, teamwork, healing and more.



Leon Langford

So goes, "StarLion: Thieves of the Red Night" by Leon Langford.

It was inspired by Langford's desire to write a superhero story where the protagonist was a Black boy.

"I wanted to write the book that I wanted as a kid," Langford said. "It's so rare to see Black boys as the main character or dealing with issues outside of the usual stereotypes."

The book is filled with main characters that identify as persons of color and there is also a character that has a physical disability.

"I wanted to take a lot of people that we usually don't see and put them on the cover and in the leads," Langford said.

Langford wrote the book during the pandemic and said it was important for him to write something that not only entertained readers, but also includes life lessons.

"While the book is about superheroes on the surface, the major theme of the book is healing from trauma," he said. "After years of uncertainty and loss, we're finally back to normal, but still

dealing with the issues of the past."

"StarLion" is intended for younger audiences, like upper middle grade readers through young adults, who enjoy Marvel, anime and comic books. Readers will no doubt experience a thrilling ride, filled with action and twists.

"I hope my readers gain insight on how to deal with their own problems, physical and mental," Langford said. "Jordan's slogan throughout the book is, 'Be your own hero,' and I hope this book inspires people to be their own hero in their lives."

"StarLion" is the first book in a series that will follow Jordan and his teammates. Langston will host a book signing at noon May 11 at Barnes & Noble Bookstore in The Grove, 189 The Grove Drive.

In addition to being an



author, Langford is a screenwriter based in Burbank. For more information about the author and to connect, visit him on social via X @mason111.

"StarLion: Thieves of the Red Night" is available for \$20 (print), \$9.99 (eBook), and \$25 (audiobook) via Amazon, Barnes & Noble, and all other online book selling outlets.

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John Legend spreads message of love at LMU graduation

GRADUATES from Page 1

ceremony were treated to a speech by another musical star, Janelle Monáe, with the same theme. She told the graduates “You and I are going to write the song of the future. You and I are writing the song because it is time for a new standard of love.”

Legend touched on his personal experiences during his remarks. He was born in Springfield, Ohio, descended from a long line of preachers and graduated from the University of Pennsylvania in 1999.

He referred to the unrest at USC, UCLA and other college campuses locally and across the country.

“It’s a heated time on our nation’s college campuses,” Legend said. “We’ve got roiling crises all around the world. Everything seems to be on fire. Places like Israel, Palestine, Ukraine, Iran, even here at home, where the threat of autocracy continues to gather.

“As you’ve learned here, there are profound limits to what war can accomplish,” Legend added. “War may wake territory, but it does not win hearts and minds. War can subjugate. But it cannot unify.”



Singer Janelle Monáe followed in the steps of John Legend, speaking to other graduates at Loyola Marymount University at ceremonies held on campus May 5.

Courtesy photo

While Legend explored the pitfalls of war, he also described the solution — love. He said love usually arises in the mind through two different avenues: Eros, romantic love, or Pathos, familial love. The third type of love not normally acknowledged, Agape, is a love rooted in the protection and uplifting of humanity, he said.

“Agape emboldens us to love the people who are marching against us, even the people who try to silence or suppress us,” he added. “Agape love dares us to believe deeply in our shared humanity and that we can find a way closer together.”

He also addressed those who might be skeptical of his solution.

“I can imagine what at least a few of you are thinking: all this kumbaya talk is nice,” he said. “Thousands of people are dying. How can it be that in the face of war and autocracy and ethnic conflict, after all the compounding trauma of our recent past, to just love more? I can understand your skepticism. But hear me out.”

Legend then referenced his idols as a child. Rather than superheroes, Legend gathered inspiration from the teachings

and ideologies of civil rights icons such as the Rev. Martin Luther King Jr. and Frederick Douglass, emphasizing the power of Agape love in the face of distress.

“Together, they summon the power of Agape during other periods of turbulence and transformation to challenge America to live up to its founding aspirations, to challenge all of us to make the American project up, step by step, ballot by ballot, protest by protest, law by law,” Legend said.

He also acknowledged the power the young graduates of today have.

“Class of 2024, these are no ordinary times, no question about it,” Legend said. “But the history through which you live, the history you’ve witnessed, the history you’re making, all of this has made you extraordinary. And we need extraordinary now more than ever.

“Our problems are not neat. The solutions are not easy,” he added. “And I’m not going to suggest that they are. But I believe and I’m certain your professors do too, that great education teaches you that your job is to challenge assumptions, to question the status quo and to interrogate the common wisdom.”

County settles with Dijon Kizzee’s family for \$3.4 million

PAYOUT from Page 1

wrapped inside a piece of clothing. He was confronted by the deputies shortly afterward on 109th Place, where one tried to detain him, the sheriff’s department has said.

The department contended that Kizzee dropped a gun during the confrontation with deputies, then picked it up during the physical confrontation and raised it toward them, prompting them to fire at him 19 times.

The lawsuit alleges that Kizzee was “minding his own



Dijon Kizzee

business” while riding his bike and that he was stopped for no reason.

The plaintiff’s lawyers further said Kizzee was shot with his hands in the air, then was shot repeatedly while he was on the ground. Plaintiff’s attorney Carl Douglas said previously that an independent autopsy determined Kizzee was shot 15 times and that he did not die instantly, but was “writhing on the ground in pain when officers opened up on him.”

Kizzee was “at worse, merely a Black man riding his bicycle

in a manner that may be contrary to traffic safety regulations, but which is rarely, if ever, enforced by sheriff’s deputies patrolling that neighborhood, especially if the rider is not a Black male,” the suit stated.

The deputies had less-lethal alternatives to use on Kizzee and the plaintiffs believe he was not given a verbal warning before he was shot, the suit stated.

The suit further alleged the deputies unreasonably delayed getting Kizzee medical assistance.

The suit also alleged that

each of the deputies involved were “hopeful members of gang-like cliques which have infected the patrol station where each of these defendants work. These deputy cliques have gang-like rituals, matching tattoos and initiation rites including the unreasonable use of deadly force on unsuspecting citizens with whom they interact.”

County officials knew or should have known that several sheriff’s department stations are “infected with this gang-like culture, but (have) done nothing to rid the department of this

scourge,” the suit stated.

The District Attorney’s Office reviewed the case and declined to file any criminal charges against the deputies involved in the shooting. An internal sheriff’s department investigation concluded that the shooting was within department policy, however, the “tactics were not in compliance.”

The deputies involved “received additional training pertaining to the circumstances surrounding this incident,” according to the county counsel report to the board.

InsideOut Writers help young offenders with their own words

PROGRAM from Page 1

“The area I grew up in had a high concentration of gangs,” he said. “I was constantly being pressured to join a gang but I refused, and I got caught up in a lot of fights.

“I tried to keep the fights away from my parents,” he added. “I would lie to them and say the bruises were from playing sports at school or at the park. My mom got suspicious, but she grudgingly accepted my explanations.”

Things changed when several gang members shot up his car and Camarena purchased a gun.

“I was angry and I went looking for them,” he said.

He found the gang members in an apartment stairwell and opened fire.

“The bullets hit two of them,” he said. “One of the people I ended up shooting was a childhood friend who wanted me to be part of his gang.”

Camarena was sentenced to 22 years in prison.

“The extreme depression and sadness I felt while I was locked up was overwhelming,” he said. “I felt like my life was over.”

During his incarceration, Camarena was introduced to the InsideOut Writer’s program. He was released from prison after 14 years for good behavior and now serves as the alumni advocacy director for the organization.



Jimmy Wu was sent to a juvenile facility as a teenager. Today, 25 years later, he is the executive director of the InsideOut Writer program.

Courtesy photo

“I’m in charge of the alumni program for youths and young adults who have been in foster care or were or who are still incarcerated,” Camarena said. “Through writing, we explore such topics as emotional regulation, work-life balance, the importance of community, identity, relationships and trauma through a weekly

writing circle.”

Camarena said that most of the youth enrolled in the program grew up in areas where joining a gang was a means of survival. Some participants reveal that they have lost friends to gun violence or come from neighborhoods where they have witnessed poverty, violence and the

proliferation of drugs.

Many credit the program for helping them rethink life choices and make better choices in the future.

InsideOut participant Alton Petre, 33, has high praise for the organization.

“InsideOut Writers is a great organization that has integrity,” he said. “You realize when you are locked up that writing is freedom.”

Raised in the section of Baldwin Village known as “the jungle,” Petre witnessed his share of poverty and crime.

He claims he was framed by police for a robbery he didn’t commit when he was 17.

“There were two cops in my neighborhood who were always harassing me,” Petre said. “They repeatedly said, ‘We know you’re doing something and we’re going to get you.’”

He was transferred to the county juvenile facility in Sylmar, where he enrolled in the InsideOut program, where he used his creative writing talent as a catalyst for self expression.

“We had weekly creative writing classes in juvenile hall,” he said. “I wrote poetry, I rapped. I was known for having a rhyme book of raps and songs. I wrote about everything such as my goals, feelings about injustice and my experiences growing up in the jungle section of Los Angeles.”

Petre said he was surprised when the

Los Angeles Opera Company took some of the program participant’s poetry and songs and incorporated them into a full scale opera.

“That was pretty cool,” he said.

Released after two years, Petre turned his life around and enrolled in Los Angeles Valley College. Determined to further his education, Petre applied to Morehouse College in Atlanta. Rejected the first time he applied, Petre tried again and was accepted.

While success stories abound, there are still incarcerated youths waiting to walk out of the gates and begin their lives of freedom.

Joseph, L., a youth currently incarcerated at Los Padrinos Juvenile Hall in Downey, expressed how he plans to make his life better in the quarterly InsideOut magazine.

“I’m looking forward to going home and never coming back to jail,” he wrote. “I look forward to making my family proud. I look forward to good opportunities in the new year. I look forward to being a new man.

“I look forward to the future. I look forward to being an example to [other] youth so they do not go through the same thing. They don’t need to go through these walls of shame. I would do anything to not come here again. I would do anything to get my freedom back. I learned that it’s never too late to change.”

Foster youth suggest policy changes to elected officials

FROM CITY NEWS SERVICE

LOS ANGELES — Mayor Karen Bass celebrated the first Foster Youth Shadow Day in Los Angeles May 7, where former and current foster youth delegates worked with local leaders to present policy changes intended to improve the child welfare system.

Bass previously led the annual Foster Youth Shadow Day program as a member of Congress in Washington, D.C., which her office says led to landmark legislative change.

During a presentation in the City Council Chambers, Bass highlighted the work by a youth group from the National Foster Youth Institute, along with Wendy Smith Meyer and Conway Collis from the institute’s board leadership.

“We started the institute about 12 years ago,” Bass said. “When



Mayor Karen Bass, second from right, and members of the county Board of Supervisors listen to delegates from the National Foster Youth Institute explain problems with the foster care system May 7 during a breakfast that was part of the first Foster Youth Shadow Day in Los Angeles.

Courtesy photo

I was a member of Congress we also started a Congressional Caucus on foster youth, and once a year in May for National Foster Youth Month we would bring over 100 former foster youth to Congress for them to shadow their member of Congress ... helping them to take their personal story and learn how to strategically impact public policy.”

The group of foster youth also had breakfast with all five members of the Los Angeles County Board of Supervisors, and according to Bass, group members pointed out a problem in vouchers for foster youth housing.

“When a young person ages out of foster care at either 18 or 21, our policies essentially put them on the street,” Bass said. “These [youth] pointed out one of the problems, which says that you either have to be a full-time student or a full-time employee or you can’t get your housing

voucher. Well that’s a chicken and egg [scenario] because if you don’t give [them] a place to live, how do you expect for (them) to have a full-time job or be a full-time student?”

“I have no doubt that they’re going to change that policy,” she added.

City Councilwoman Eunisses Hernandez thanked the mayor for being a long-time champion for youth impacted by the foster care system.

“I’m so excited to welcome delegates from the National Foster Youth Initiative,” Hernandez said. “There are over 400,000 young people in the foster care system across the U.S. With us here, today, are 15 young adults who are going to teach us all their role in government systems and changing them for the better.”

The youth delegates shadowed members of the City Council May 7 and 8.

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BULK SALES

NOTICE TO CREDITORS OF BULK SALE (UCC §105)

Escrow No. BU-3486-SR This notice is hereby given that a bulk sale is about to be made. The name and business address of the Seller is: (1) The name of the Seller: 610 AVENIDA VICTORIA RESTAURANT, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY, 610 AVENIDA VICTORIA, SAN CLEMENTE, CA 92672 (2) Name of the Business being sold: PIERSE KITCHEN & BAR (3) Business address(es) of the Seller(s) is: 610 AVENIDA VICTORIA, SAN CLEMENTE, CA 92672 (4) The location in California of the chief executive office of the Seller is: 14000 OLD HARBOR LANE, #202, MARINA DEL REY, CA 90292 (5) All other business names and addresses used by the Seller within the past (3) years, as stated by the Seller is: SIX TEN PIERSE BAR & RESTAURANT, KAAB, INC, 30706 CARTIER DRIVE, RANCHO PALOS VERDES, CA 90275 (6) The name of the Buyer is: 256 5TH AVENUE LLC, A DELAWARE LIMITED LIABILITY COMPANY (7) The address of the Buyer is: 644 SOUTH FIGUEROA STREET, LOS ANGELES, CA 90017 (8) General description of the assets of PIERSE KITCHEN & BAR to be sold is described as: FURNITURE, FIXTURE, AND EQUIPMENT located at: 610 AVENIDA VICTORIA, SAN CLEMENTE, CA 92672 (9) The Bulk Sale is intended to be consummated at the office of: SECURED TRUST ESCROW, INC., C/O BELL SANTIAGO, ESCROW OFFICER, 21111 VICTOR ST, TORRANCE, CA 90503, TEL: (310) 318-3300; EMAIL: INFO@SECUREDTRUSTESCROW.COM, Escrow No. BU-3486-SR (10) The anticipated date of the bulk sale is MAY 31, 2024 (11) The last day for filing claims by any creditor shall be MAY 30, 2024, which is the business day before the anticipated sale date specified above. (12) This Bulk Sale is not subject to California Uniform Commercial Code Section 6106.2. DATE: 5/3/2024 BUYER: 256 5TH AVENUE LLC, A DELAWARE LIMITED LIABILITY COMPANY ORD-2334862-C CULVER CITY STAR 5/9/24 WWA-3811909# THE CULVER CITY STAR

NOTICE TO CREDITORS OF BULK SALE (UCC Sec. 6105)

Escrow No. 24-18869-TN NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s), business address(es) to the Seller(s) are: BELLAGIO NAILS INC, 4772 ADMIRALTY WAY, MARINA DEL REY, CA 90292 Doing Business as: BELLAGIO NAILS & SPA All other business name(s) and address(es) used by the Seller(s) within three years, as stated by the Seller(s), is/are: NONE The name(s) and address of the Buyer(s) is/are: MATTHIAS DANG, 13401 BALOS DR, GARDEN GROVE, CA 92844 The assets to be sold are described in general as: ALL FURNITURES, FIXTURES AND EQUIPMENT, TRADENAME, GOODWILL, INVENTORY, LEASE, AND LEASEHOLD IMPROVEMENTS and are located at: 4772 ADMIRALTY WAY, MARINA DEL REY, CA 90292 The bulk sale is intended to be consummated at the office of: LUCKY TEAM ESCROW, INC., 13305 BROOKHURST STREET GARDEN GROVE, CA 92843 and the anticipated sale date is MAY 28, 2024 The bulk sale is subject to California Uniform Commercial Code Section 6106.2. [If the sale is subject to Sec 6106.2, the following information must be provided] The name and address of the person with whom claims may be filed is: LUCKY TEAM ESCROW, 13305 BROOKHURST ST, GARDEN GROVE, CA 92843 and the last date for filing claims shall be MAY 24, 2024, which is the business day before the sale date specified above. Dated: 4/23/2024 BUYER: MATTHIAS DANG ORD-23309867 CULVER CITY STAR 5/9/24 WWA-3811382# THE CULVER CITY STAR

LEGAL NOTICES

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024096075 The following person(s) is (are) doing business as: CAR BUYING PROS, 845 W OLIVE ST INGLEWOOD, CA 90301, County of LOS ANGELES Registered owner(s): EVERYTHING CARS INC., 845 W OLIVE ST INGLEWOOD, CA 90301, WY This business is conducted by: A CORPORATION The registrant commenced to transact business under the fictitious business name or names listed above on 04/20/24 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/ LEA YATIM, CEO EVERYTHING CARS INC This statement was filed with the County Clerk of Los Angeles on 5/3/2024 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 5/9, 5/16, 5/23, 5/30/24 WWA-3811709# INGLEWOOD/HAWTHORNE WAVE

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024072312 The following person(s) is (are) doing business as: K & M IMPORTS, 23930 OCEAN AVE APT 219, TORRANCE, CA 90505 County of LOS ANGELES Registered owner(s): KATY EMELYN LOPES, 23930 OCEAN AVE, TORRANCE, CA 90505 This business is conducted by an Individual The registrant(s) started doing business on 03/20/24. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/ KATY EMELYN LOPES, OWNER This statement was filed with the County Clerk of Los Angeles County on 04/09/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 5/9, 5/16, 5/23, 5/30/24 WWA-3810261# THE CULVER CITY STAR

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024089469 The following person(s) is (are) doing business as:

LEGAL NOTICES

TRUEBEAUTYSOLUTIONS, 2839 MAY AVE, REDONDO BEACH, CA 90278 County of LOS ANGELES Registered owner(s): ZOE MARTINEZ, 2839 MAY AVE, REDONDO BEACH, CA 90278 This business is conducted by an Individual The registrant(s) started doing business on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/ ZOE MARTINEZ, OWNER This statement was filed with the County Clerk of Los Angeles County on 04/23/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/25, 5/2, 5/9, 5/16/24 WWA-3807380# THE CULVER CITY STAR

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024076520 The following person(s) is (are) doing business as: MARLA MOONSHINE, 1327 12TH STREET APT 8, SANTA MONICA, CA 90401 County of LOS ANGELES Registered owner(s): CARLA TORRISI, 1327 12TH STREET APT 8, SANTA MONICA, CA 90401 This business is conducted by an Individual The registrant(s) started doing business on 04/20/24. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/ CARLA TORRISI, OWNER This statement was filed with the County Clerk of Los Angeles County on 04/09/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/25, 5/2, 5/9, 5/16/24 WWA-3807410# ANGELES MESA NEWS

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081855 The following person(s) is (are) doing business as: SILVIA SOTO GLEATON, 4782 LA VILLA MARINA DR, UNIT G, MARINA DEL REY, CA 90292 County of LOS ANGELES Registered owner(s): SILVIA SOTO GLEATON, 4782 LA VILLA MARINA DR, UNIT G, MARINA DEL REY, CA 90292 This business is conducted by an Individual The registrant(s) started doing business on 04/20/24. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/ SILVIA SOTO GLEATON, OWNER This statement was filed with the County Clerk of Los Angeles County on 04/09/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/25, 5/2, 5/9, 5/16/24 WWA-3809417# SOUTH WAVE

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024075954 The following person(s) is (are) doing business as: S/ SILVIA SOTO GLEATON, OWNER This statement was filed with the County Clerk of Los Angeles County on 04/16/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/25, 5/2, 5/9, 5/16/24 WWA-3805881# ANGELES MESA NEWS

LEGAL NOTICES

S/ SILVIA SOTO GLEATON, OWNER This statement was filed with the County Clerk of Los Angeles County on 04/16/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/25, 5/2, 5/9, 5/16/24 WWA-3807380# THE CULVER CITY STAR

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024076608 The following person(s) is (are) doing business as: 2 THE WAREHOUSE FOURSQUARE CHURCH, 10925 VALLEY HOME AVENUE, WHITTIER, CA 90603 County of LOS ANGELES Articles of Incorporation or Organization Number: LLC/AI No 0129840 Registered owner(s): INTERNATIONAL CHURCH OF THE FOURSQUARE GOSPEL, 1132 GLENDALE BLVD., LOS ANGELES, CA 90026; State of Incorporation: CA This business is conducted by a Corporation The registrant(s) started doing business on 05/20/08. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) INTERNATIONAL CHURCH OF THE FOURSQUARE GOSPEL S/ JARROD A. KULA, TREASURER This statement was filed with the County Clerk of Los Angeles County on 04/09/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/25, 5/2, 5/9, 5/16/24 WWA-3805881# ANGELES MESA NEWS

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: TOCO SHOP, 21880 HAWTHORNE BLVD SUITE #342, TORRANCE, CA 90503 County of LOS ANGELES Registered owner(s): ATSUNORI HANEEDA, 1713 W 165TH PLACE, GARDENA, CA 90247 This business is conducted by an Individual The registrant(s) started doing business on 09/19/96. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/ ATSUNORI HANEEDA, OWNER This statement was filed with the County Clerk of Los Angeles County on 04/08/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/18, 4/25, 5/2, 5/9/24 WWA-3804762# THE CULVER CITY STAR

LEGAL NOTICES

(b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/18, 4/25, 5/2, 5/9/24 WWA-3804771# INGLEWOOD/HAWTHORNE WAVE

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081040 The following person(s) is (are) doing business as: AQUINO BEAUTICIAN, 11142 WASHINGTON BLVD CULVER CITY, CA 90232, County of LOS ANGELES Registered owner(s): NAYELLI AQUINO ALMARAZ, 11142 WASHINGTON BLVD CULVER CITY, CA 90232 This business is conducted by: AN INDIVIDUAL The registrant commenced to transact business under the fictitious business name or names listed above 04/20/24. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/ NAYELLI AQUINO ALMARAZ, OWNER This statement was filed with the County Clerk of Los Angeles on 4/15/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/18, 4/25, 5/2, 5/9/24 WWA-3811839# THE CULVER CITY STAR

LEGAL NOTICES

Office of the Minnesota Secretary of State Certificate of Assumed Name Minnesota Statutes, Chapter 333 The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable customers to be able to identify the true owner of a business. ASSUMED NAME: Channon Deora Wade PRINCIPAL PLACE OF BUSINESS: 10866 WASHINGTON BLVD # 1308 CULVER CITY CA 90232 United States APPLICANT(S): Name: Channon Deora Wade Address: 10866 WASHINGTON BLVD # 1308 CULVER CITY CA 90232 United States If you submit an attachment, it will be incorporated into this document. If the attachment conflicts with the information specifically set forth in this document, this document supersedes the data referenced in the attachment. By typing my name, I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath. SIGNED BY: Channon D Wade MAILING ADDRESS: None Provided EMAIL FOR OFFICIAL NOTICES: channon.wade@gmail.com Work Item 1472507100027 Original File Number 1472507100027 STATE OF MINNESOTA OFFICE OF THE SECRETARY OF STATE FILED 05/02/2024 11:59 PM Steve Simon Secretary of State 5/9, 5/16, 5/23, 5/30/24 WWA-3811839# THE CULVER CITY STAR

LEGAL NOTICES

Office of the Minnesota Secretary of State Certificate of Assumed Name Minnesota Statutes, Chapter 333 The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable customers to be able to identify the true owner of a business. ASSUMED NAME: Aaron Dubois Hampton PRINCIPAL PLACE OF BUSINESS: 10866 WASHINGTON BLVD #1259 CULVER CITY CA 90232 USA APPLICANT(S): Name: Aaron Dubois Hampton Address: 10866 Washington Blvd #1259 Culver City CA 90232 USA If you submit an attachment, it will be incorporated into this document. If the attachment conflicts with the information specifically set forth in this document, this document supersedes the data referenced in the attachment. By typing my name, I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath. SIGNED BY: Aaron D Hampton MAILING ADDRESS: 10866 WASHINGTON BLVD # 1259 CULVER CITY CA 90232 USA EMAIL FOR OFFICIAL NOTICES: aaronhampton04@gmail.com Work Item 1471263600024 Original File Number 1471263600024 STATE OF MINNESOTA OFFICE OF THE SECRETARY OF STATE FILED 04/24/2024 11:59 PM Steve Simon Secretary of State 5/2, 5/9, 5/16, 5/23/24 WWA-3809699# THE CULVER CITY STAR

LEGAL NOTICES

Office of the Minnesota Secretary of State Certificate of Assumed Name Minnesota Statutes, Chapter 333 The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable customers to be able to identify the true owner of a business. ASSUMED NAME: Aaron Dubois Hampton PRINCIPAL PLACE OF BUSINESS: 10866 WASHINGTON BLVD #1259 CULVER CITY CA 90232 USA APPLICANT(S): Name: Aaron Dubois Hampton Address: 10866 Washington Blvd #1259 Culver City CA 90232 USA If you submit an attachment, it will be incorporated into this document. If the attachment conflicts with the information specifically set forth in this document, this document supersedes the data referenced in the attachment. By typing my name, I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath. SIGNED BY: Aaron D Hampton MAILING ADDRESS: 10866 WASHINGTON BLVD # 1259 CULVER CITY CA 90232 USA EMAIL FOR OFFICIAL NOTICES: aaronhampton04@gmail.com Work Item 1471263600024 Original File Number 1471263600024 STATE OF MINNESOTA OFFICE OF THE SECRETARY OF STATE FILED 04/24/2024 11:59 PM Steve Simon Secretary of State 5/2, 5/9, 5/16, 5/23/24 WWA-3809699# THE CULVER CITY STAR

GOVERNMENT

LOS ANGELES COUNTY METROPOLITAN TRANSPORTATION AUTHORITY (LACMTA) REQUEST FOR PROPOSAL LACMTA will receive proposals for PS123552 - BI Technical Support Services at bids@metro.net. A Pre-Proposal conference will not be held. This project is a Small Business Enterprise (SBE) Set-Aside contract. To participate in this RFP, proposers must be SBE certified with LACMTA prior to proposal due date. For information on the Set-Aside Program, visit https://business.metro.net/VendorPortal/faces/home/1/certifications. All proposals must be received on or before 10:00 a.m. Pacific Time on Tuesday, June 4, 2024 at the email address listed above, sent to the attention of Victor Zepeda. Proposals received later than the above date and time will be rejected and returned to the proposer unopened. For a copy of the Proposal/Bid specification visit our Solicitation Page on our Vendor Portal at https://business.metro.net or for further information email Victor Zepeda at zepedav@metro.net. 5/9/24 WWA-3809417# SOUTH WAVE

Make Mom's Day with a Craveable BRUNCH

FAMILY FEATURES

There's perhaps no better occasion to show off your kitchen skills than Mother's Day, a perfect opportunity to turn the tables on mom and let her relax while you handle cooking duties. A homemade breakfast – or better yet, letting her sleep in for brunch – is a sure way to win her over and show how much you care.

Show your delicate side by working up a batch of Apple Ricotta Crepes, which require a soft touch to cook the light, silky batter to golden perfection. This rendition of the beloved thin pancakes calls for a ricotta spread and apple-cinnamon topping for a delightful pairing of savory and sweet.

If a full Mother's Day celebration is on the menu, something a bit heartier may be required. A frittata provides the best of both worlds, as it's a filling meal that's also easy to make – just let the oven do the

work. This Apple, Tomato and Goat Cheese Frittata is no exception as it calls for a handful of everyday ingredients you can whisk together in a cinch. While it's in the oven (about 30 minutes, give or take) you can put the finishing touches on your last-minute decorations and handwritten cards.

Special occasions with those you love can be uplifted with the aroma and flavor Envy Apples that offer an invitation to savor small moments around the table. Available at Whole Foods and other major grocery stores, the craveable texture and crunch of this leading apple variety provides balanced sweetness as the ultimate apple experience for Mother's Day gatherings. Along with their delicious flavor, the flesh remains whiter longer, even after cutting, slicing, dicing or cubing, so that homemade meals look as good as they taste.

Visit EnvyApple.com to find more Mother's Day brunch inspiration.



Scan to Find Ingredients



Apple, Tomato and Goat Cheese Frittata

6 eggs
1 teaspoon hot pepper sauce
2 teaspoons kosher salt
20 turns fresh cracked pepper
1/4 cup whole milk
1 Envy Apple, small diced
1/2 cup sundried tomatoes, chopped
4 ounces goat cheese, crumbled
2 tablespoons thinly sliced chives

Preheat oven to 350 F.

In large mixing bowl, whisk eggs, hot pepper sauce, salt, pepper and milk until well combined.

Stir in apples, tomatoes, goat cheese and chives until well combined.

Using 1/3 measuring cup, spoon frittata mixture into oven-safe large skillet or 9-by-9-inch pan.

Bake 25-30 minutes, or until eggs are set. Let cool slightly then serve.

Apple Ricotta Crepes

Yield: 12 crepes (2-3 crepes per serving)

Crepes:

1 cup flour
1 tablespoon sugar
1/2 teaspoon salt
1 cup whole milk
2 eggs
1 teaspoon vanilla butter, for cooking

Apple Topping:

butter
2 tablespoons brown sugar
Envy Apples, sliced or cubed
1/2 teaspoon cinnamon
1/8 teaspoon nutmeg salt, to taste
maple syrup

Ricotta Filling:

1 cup ricotta cheese
1 lemon, zest and juice only
2-3 tablespoons sugar, or to taste

To make crepes: In bowl, combine flour, sugar and salt. Add milk, eggs and vanilla then, using whisk, combine thoroughly. Mixture should be silky smooth. Refrigerate.

To make apple topping: In pan over medium heat, heat butter and brown sugar until bubbly and golden.

Add apples, cinnamon, nutmeg and salt, to taste; cook over medium-low heat until apples are soft. Turn off heat and finish with maple syrup.

To make ricotta filling: Combine ricotta, lemon zest, lemon juice and sugar, mix well and set aside.

In nonstick pan over medium-low heat, melt small amount of butter.

Add one ladle crepe batter, cook until bubbles form, flip and cook until golden. Repeat with remaining batter. Stack crepes to keep warm and soft.

Spread ricotta mixture thinly onto crepes and fold into quarters. Top with apple mixture and serve.



Fearlessness.

This is what it takes to take on Alzheimer's.

It's not easy to accept that memory loss that disrupts daily life could be a sign of Alzheimer's. Or that nearly two-thirds of people diagnosed are women, including Black women.

But there are steps you can take to reduce your risk, like monitoring Type 2 diabetes and lowering blood pressure.

Because you have what it takes to take on Alzheimer's.

Talk to your health care provider about signs, screening and early detection.



Learn more at
TakeOnALZ.com



Fuel Family Fun with This Easy Recipe

(FAMILY FEATURES)

Between work, after-school activities and homework, planning memorable family time is nearly impossible. Changing that mindset can start by making mealtime simpler with recipes that serve up big smiles for the whole family and fuel fun, even on weeknights.

As a quick and easy mealtime solution that gives families time back to make lasting memories, Mrs. T's Pierogies are pasta pockets filled with the stuff you love like creamy mashed potatoes, cheesy goodness and other big, bold flavors. Now, parents can get all their loved ones involved with the Go-Fun-Me Challenge - a commitment to make a simple dinner one night a week and create a memorable family experience in or out of the

home with the time saved. By opting in between May 2-June 3, parents are entered to win \$12,000 and a year supply of pierogies to help fund and fuel all of that fun.

You can find a little inspiration in recipes like these Pierogy Burrito Bowls, loaded with cheesy pierogies, cherry tomatoes, corn, sliced avocado and homemade avocado mayo crema for a simple meal everyone in the family can enjoy.

No matter how parents switch up their weeknight routines, like a trip to the park or an at-home movie night, pierogies make weeknight recipes like this one possible because they're simple and easy to prepare, leaving more time for parents to do the stuff they love with the ones they love.

Opt into the challenge and find more recipes fit for family fun by visiting MrsTsPierogies.com/Go-Fun-Me.

Pierogy Burrito Bowls

Prep time: 10 minutes
Cook time: 10 minutes
Servings: 4

Burrito Bowls:

1 tablespoon avocado oil
1 bag (2 pounds) Mrs. T's 4 Cheese Medley Pierogies
1 cup cherry tomatoes, halved
1 cup fresh or frozen corn, lightly roasted
1 ripe avocado, pitted and thinly sliced
1 cup pickled red onions
3/4 cup Cotija cheese
fresh chopped cilantro, for garnish

Avocado Mayo Crema:

1/2 cup mayo
1 ripe avocado, pitted and roughly chopped
1/2 lime, juice only

To make burrito bowls: In medium skillet over medium heat, add avocado oil. Sauté pierogies in batches, approximately 8 minutes on both sides, until golden brown. Remove from heat and set aside.

Divide pierogies, cherry tomatoes, corn, avocado, pickled red onions and Cotija cheese evenly among serving bowls.



Garnish with cilantro.

To make avocado mayo crema: In food processor, process mayo, avocado and lime juice until smooth.

Drizzle avocado mayo crema over bowls, as desired.

#17020

Source: Mrs. T's Pierogies